Reports - Sanitary: No. 191- a.



Nairobi Municipality Kenya.

## NINTH ANNUAL REPORT

OF THE

Medical Officer of Health.

1937





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## CONTENTS

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								•		PAGE
1.	General		• • •	•••		• • •	• • •	• • •	• • •	3
2.	Geographical			• • •	• • •	•••	•••	• • •	• • •	7
3.	Meteorological		• • •	• • •	•••	•••	• • •		• • •	$\tilde{7}$
4.	Rainfall	• • •		• • •	•••	•••	• • •	• • •	• • •	8
5.	Population			• • •	•••	•••		• • •	• • •	9
6.	Marriages		• • •	• • •	•••	• • •	• • •	• • •	•••	9
7.	Births	•••	• • •		•••	•••		• • •	• • •	9
8.	Deaths	• • •	• • •	•••	• • •	• • •	•••	• • •	• • •	11
9.	Infant mortality	7	• • •	• • •	• • •	• • •	• • •		• • •	21
10.	Notifiable infect	ious d	isease	es	• • •	•••	• • •		• • •	25
11.	Infectious and o	commu	nicab	le dise	ases	• • •	•••	•••	• • •	28
12.	Admissions to h	nospita	1	• • •	• • •	• • •	• • •	• • •	• • •	31
13.	Plague	• • •	•••	• • •	• • •	•••	• • •	•••	• • •	34
14.	Malaria	•••	• • •	• • •	•••	•••	• • •	•••	• • •	35
15.	Anti-malarial w	orks	• • •	• • •	•••	• • •	• • •	• • •	• • •	39
16.	Laboratory	•••	• • •	•••	• • •		• • •	• • •	• • •	41
17.	Anti-malarial n	neasur	es	• • •	• • •	• • •	• • •	•••	• • •	43
18.	Rodent destruct	tion	• • •	• • •	• • •	• • •	• • •	• • •	• • •	45
19.	Native burials	• • •	• • •	• • •	•••	•••	• •••	•••	• • •	46
20.	Crematorium	• • •	• • •	• • •	•••	• • •	• • •	• • •	• • •	46
21.	Water supply	• • •	• • •	• • •	•••	•••	• • •	• • •	• • •	46
22.	Housing	• • •	• • •	• • •	• • •	•••	• • •	•••	• • •	46
23.	New buildings	• • •	• • •	• • •	• • •	• • •	• • •	• • •	• • •	47
24.	Sanitation	• • •	•••	• • •	• • •	• • •	•••	• • •	• • •	47
25.	Sanitary inspec	ctions	• • •	• • •	• • •	• • •	• • •	•••	• 4 •	48
26.	Food control		• • •	• • •	• • •	• • •	• • •		• • •	50
27.	Milk depôt	• • •		• • •	• • •	• • •	• • •	• • •	• • •	51
28.	Abattoir	• • •	• • •	•••	•••	• • •	• • •	• • •	• • •	52
29.	Child welfare	clinics	, etc.	• • •	• • •	• • •	•••	• • •	• • •	55
30.	Staff	• • •	• • •	• • •	• • •	• • •	• • •	• • •	•••	60
31.	Expenditure	• • •		• • •	•••	• • •	• • •			62

Town Hall, Nairobi, March 15th, 1938

His Worship the Mayor and Councillors of the Municipal Council of Nairobi.

Gentlemen,

I have the honour to present to you herewith my annual report on the sanitary circumstances, sanitary administration, vital statistics, and other matters of a health nature, of the Municipality of Nairobi for the year 1937, as required by "The Local Government (Municipalities) Ordinance, 1928," "The Medical Officers of Health Rules, 1929, Sec. 2(12)d.

I am, Gentlemen,
Your obedient servant,
H. W. TILLING,
M.R.C.S., L.R.C.P., D.P.H.,
Medical Officer of Health.

#### 1. GENERAL.

The Local Government (Municipalities) Ordinance came into force as from 1929, thus this is the ninth year that the Municipal Council of Nairobi has been the public health authority for the Municipality of Nairobi.

The office of the Public Health Department is situated in the Town Hall, recently built in the City Square.

No new legislation of a health nature has been passed during the year.

Meteorological tables are included in this report showing the barometric pressure, relative humidity and temperatures within the Municipality during the year.

After four consecutive years of rainfall below the average, Nairobi experienced a good year during 1937, the rainfall totalling over 50 inches. Rainfalls of over 50 inches occurred previously in the years 1930, 1923, 1920, 1917, and 1912.

Five months namely April, May, June, October, and November recorded falls above the average, whilst the rainfall during the months of April, June, and November constituted a record for those months. The days of rain totalled 126, compared with an average of 111 and the average fall of rain per rainy day amounted to 0.44 inches, compared with the average over 31 years of 0.32 inches.

The longest period without rain was 27 days during December-January and the next longest was 26 days during February-March.

The estimated population of the Municipality for 1937 was 61,300 being an increase of 11,700 over the estimated figure for the previous year, the increase was shared by all communities but mainly by the Native population which is considered to have increased to the extent of 10,000.

During the year 1,245 births were notified, of these 963 were of residents and 282 of non-residents, compared with a total of 917 notified last year among 682 residents and 235 non-residents.

The crude birth rate for all races amounted to 15.7, compared with 13.7 for 1936, whilst the true birth rate was 14.6. This rather large difference may be partially due to a more accurate notification of births.

The birth rate for England and Wales during 1936 was 14.8 and the birth rate for British India is about 34. No suitable comparative figures can be obtained in regard to the Native population.

The rate per thousand population of the natural increase for the European community was 3.6 and for the Asian community 8.5. The rate in connection with the natural increase for Natives and others was an adverse one of -7.2.

The percentage of stillbirth to total births showed a marked improvement over the previous year, being 2.8 per cent for residents, compared with 6.4 per cent and 6.7 per cent for non-residents, compared with 11.9 per cent. The marked difference between the figures for residents and non-residents is worthy of note.

The crude death rate for all races for the year was 23.01 per thousand persons. This rate is slightly lower than last year when the figure was 23.29, but the recorded death rate was higher than in 1936, being 16.96 per thousand persons, compared with 15.92.

The 42 European deaths equalled a rate of 6.99 per thousand persons of that race, whilst the 285 Asian deaths equalled a rate of 16.47 and the 713 Native deaths were equivalent to a rate of 18.75.

In the report of last year attention was directed to the high infant mortality rate among non-Europeans, this year there is some improvement, the rate being 324, compared with 479 for 1936.

The infant mortality rate, that is the proportion of infant deaths per thousand live births for the European community during 1937 was 109, for the Asian community 310 and for the Native community 338, the rate for all races amounting to 309.

It is possible that this considerable decrease in the infant mortality rate may be accounted for by more accurate notifications of births rather than any marked improvement in conditions.

Excluding malaria, the number of notifications of infectious diseases totalled 179, compared with 176 during 1936. Increases were recorded in connection with puerperal sepsis, diphtheria, plague and relapsing fever, while there were fewer cases of tuberculosis, tropical typhus and erysipelas notified.

The non-notifiable conditions chicken-pox, measles, whooping cough and mumps have been prevalent during the year although judging by admissions to hospital, none of these conditions were as frequent as in the previous year.

The admissions to hospital on account of infectious and communicable diseases during 1937 were considerably less than during 1936, being 266, compared with 524, whilst the total patient days decreased from 9,765 to 7,372.

The decrease in patient days was concerned mainly with leprosy, chickenpox and measles, whilst increases were registered for anthrax, plague and relapsing fever.

Twenty-five cases of human plague occurred within the Municipality during the year, with a case mortality of 88 per cent. The outbreak was spread over seven months and was characterized by the sporadic nature of the infection.

Plague has been prevalent in the reserves near Nairobi and the frequent service of native buses tends to spread the disease in the town, as it is common for a native feeling ill to board a bus and come to Nairobi for treatment.

Malaria was notified in 1,235 instances during the year. Of these 1,025 were resident cases and 210 non-resident, compared with 902 resident and 98 non-resident notifications during last year.

In accordance with the Council's decision to make further efforts in the control of Malaria, an anti-malaria officer was appointed, native staff employed and a laboratory established on the top floor of the Town Hall. This unit, after training, commenced to function during August.

Anti-malarial work was carried out throughout the year consisting of straightening and clearing the many streams, cutting drains and filling depressions as well as attending to the concrete canals.

Extensive organised oiling was carried out, 9,943 gallons of oil being used and spraying fluid was issued to the extent of 600 gallons.

Details of the methods employed will be found in the report.

The total number of rats trapped in the Commercial area namely, 41,282 constitutes a record.

A percentage of the daily catch is examined at the laboratory, thus during the last three months of the year, 645 rats were examined and three found positive to B. pestis.

During the latter part of the year, the Council selected a new site for a native pagan burial ground in place of the unsuitable one that had been in existence for some years. The new burial ground is situated just outside the Municipal border off the road to the civil aerodrome.

Council again considered the advisability of erecting a modern crematorium, but did not come to a definite decision.

Towards the end of the year it was decided to establish an ambulance service. The ambulance has been ordered and the service should be in operation about April, 1938.

During the early part of the year and again during September and December, a serious water shortage was experienced which necessitated restrictions being imposed.

Frequent bacteriological examinations of the water supply showed that the general satisfactory quality of the supply was maintained.

The pipe line in connection with the new Ruiru supply has been laid and the new 1,000,000-gallon tank and treatment works are in course of construction.

Attention is drawn in this report to the serious problem caused by the lack of sufficient housing accommodation, both for Asians and Natives, with the consequence that overcrowding is rife and cannot be dealt with as energetically as could be desired.

In the report for last year the hope was expressed that a scheme whereby the inspection of milk coming from unregistered sources would be brought into operation.

Although the depot has been prepared, the hope has not been realized, as approval of the necessary regulations has been withheld.

Work in connection with the scrutiny of plans and inspections of works in progress continues to increase, during the year 1939 inspections being made in connection with 396 plans.

Improvement in the sanitation of the town has progressed as rapidly as could be expected.

Over 7,000 feet of sewers were constructed in the Commercial area and progress was made with the new outfall sewer.

The method of night soil collection by the single bucket system and the method of disposal by trenching remain unchanged from previous years. The daily number of buckets conserved totalled 3,385, compared with 3,138 during 1936.

There are now 1,572 water closets in use connected to the sewers and a total of 533 septic tanks and 13 conserving tanks are in use.

Repairs and additions to the refuse destructor necessitated the dumping of refuse during the year.

In spite of a decreased amount of available inspectors' time due to overseas leave, 8,267 premises were inspected for nuisances and 1,305 defects were remedied, compared with 7,164 inspections and 881 defects remedied during 1936.

Two hundred and ninety-six Statutory Notices were served and eight dwellings were dealt with under Closing Orders.

From the month of June, the conduct of the abattoir was placed under the control of the Public Health Department.

The total number of animals slaughtered during the year amounted to 55,975 exceeding the figure for the previous year by 991. The increase was due to the larger number of goats and sheep slaughtered.

The percentage of oxen condemned for all causes reached the total of 21.3 per cent, compared with 21.3 for 1936 and the percentage of oxen condemned for measles was 19.0 per cent, compared with 18.3 per cent for the previous year, this increase was shared by both grade and native oxen.

The report on Child Welfare Services which is included in this report is worthy of note. It will be seen that attendances at the Child Welfare Clinics

increased from 25.190 to 36,824 and the number of Home Visits increased from 12,532 to 15,812. The work of these services is now at about saturation point considering the number of staff.

The only alteration in the number of the personnel of the Public Health Department during the year, was the appointment of Mr. G. R. C. van Someren as Anti-Malaria Officer in February.

Dr. E. F. Hartley resigned her position as Lady Medical Officer and Dr. E. N. Hartley was appointed in her place in February.

Miss P. Benjamin was appointed Health Visitor to the Indian Clinic in September, Mrs. E. Dugmore having resigned from her position as Health Visitor at the Pumwani Clinic.

Two Inspectors being away on overseas leave reduced the time available for district duties considerably.

The post of Chief Sanitary Inspector has not yet been filled.

The annual expenditure of the Public Health Department during 1937 amounted to £10,475, compared with £9,219 for 1936. The increase was due mainly to the institution of further anti-malarial measures, increased expenditure in connection with Child Welfare Services and the amount expended on passages.

#### 2. GEOGRAPHICAL.

Nairobi, the capital of Kenya, is situated in the highlands about 250 miles from the coast and is 330 miles by rail from the port of Mombasa and 257 miles by rail from Kisumu on Lake Victoria.

The geographical position is:—

Latitude: 1° 16′ 43″ South. Longitude: 36° 50′ East.

Height above sea level: From 5,452 feet to 5,700 feet. Area of Municipality: 20,712 acres or 32.4 square miles.

#### 3. METEOROLOGICAL.

The meteorological observations regarding pressure were taken at Kabete Observatory at 5,987 feet, and those relating to temperature and humidity were taken at a station in the Railway Offices at 5,495 feet above sea level.

			 			Т	EMPERA'	rure.	
Month.	Atmospheric pressure.  Month. corrected.		Relative humidity.			Mean.	Min.	Mean min.	Mean.
		in.	%		F.	F.	F.	F.	F.
January		24.197	 54		85.8	81.8	52.2	57.2	69.5
February		24.206	 53		88.8	84.6	53.2	59.1	71.9
March		24.186	 66		86.0	81.0	53.3	58.9	69.9
April		24.214	 74		79.1	76.4	53.7	59.6	68.0
May		24.256	 74		77.6	73.5	55.9	58.4	65.9
June		24.270	 78		75.4	70.2	53.2	57.1	63.7
July		24.272	 74		79.9	71.2	47.0	53.6	62.4
August		24.284	 69		80.0	71.8	48.0	53.9	62.9
September		24.260	 58		85.0	80.3	47.7	54.5	67.4
October		24.254	 67		83.9	76.6	51.1	57.2	66.9
November		24,220	 68		80.0	76.8	52.0	58.2	67.5
December		24.211	 70		80.1	74.7	50.0	57.3	66.0
YEAR		24.236	 67	• • •	88.8	76.6	47.0	57.1	66.8

#### 4. RAINFALL.

The following rainfall records are from the Hill Station at 5,700 feet above sea level.

		Rai	NFALI	'. Average.		DA	YS OF	RAIN.
Month.		1937.		31 years.		1937.		Average 31 years.
January		0.38		1.63	•••	2		5
February	• • •	0.01		2.29	• • •	1		5
March		4.48	•••	4.53	• • •	12		10
April	• • •	13.58		8.22	•••	26		17
May		12.12		5.34		20	• • •	16
June	• • •	7.60	• • •	1.79	• • •	16		8
July	• • •	0.29	• • •	0.66		4		5
August		0.16		0.98	• • •	4	•••	6
September		0.22		1.09	• • •	4	• • •	6
October	• • •	5.58	• • •	2.23	• • •	13		8
November		6.09		4.74	• • •	14	•••	15
December	•••	2.32		2.67	• • •	10	•••	10
Annual	•••	52.83		36.17	•••	126	•••	111

After four consecutive years of rainfall below the average, Nairobi registered a good year totalling 52.83 inches, being 46% above the average for 31 years.

Rainfalls of over 50 inches occurred previously in the years 1930, 1923, 1920, 1917, and 1912.

April, May, June, October, and November registered rainfall greater than the average, whilst the falls during April, June, and November constitute a record for these months.

The average monthly rainfall for the year was 4.40 inches compared with the average over 31 years of 3.01 inches.

The days of rain totalled 126 compared with an average of 111, whilst the average fall of rain per rainy day during the year, amounted to 0.44 inches compared with the average over 31 years of 0.32 inches.

SEASONAL RAINFALL.

Season.	1937.		Average 31 years.
Short dry season (January-February)	0.39		3.92
Long rains (March, April, May)	30.18		18.09
Long dry season (June to September)	8.27		4.52
Short rains (October, November, December)	13.99	• • •	9.64
Annual	52.83	• • •	36.17

It will be noted that the short dry season is the only one below the average, the others in their order exceeding the average by 66%, 83%, and 45% respectively.

The longest period without rain was 27 days during December, 1936—January, 1937, the next longest being 26 days during February—March.

ANNUAL RAINFALL.

Year.		Inches.		Year.		Inches.	Year.	Inches.	
1897		27.5		1911		41.49	 1925		27.83
1898	• • •	28.1		1912		56.01	 1926		33.25
1899		27.5		1913		31.04	 1927		24.86
1900		44.3		1914		42.18	 1928		28.91
1901		40.7		1915		28.88	 1929		36.50
1902		32.9		1916		43.59	 1930		58.88
1903		40.7		1917		51.44	 1931		39.58
1904		26.9		1918		23.05	 1932		39.85
1905		59.3		1919		38.74	 1933		22.68
1906		46.7	• • •	1920		51.19	 1934		23.12
1907		41.98		1921		18.49	 1935		31.24
1908		27.90		1922		37.28	 1936		30.87
1909		29.02		1923		56.22	 1937		52.85
1910		25.64		1924	* * *	26.72			

Records for the years 1897 to 1906 are relatively accurate only.

#### 5. POPULATION.

The population of the Municipality of Nairobi for 1937 has been estimated as under:—

Race.		Population.
European Asian Native and others		6,000 17,300 38,000
TOTAL	• • •	61,300

This total shows an increase compared with 1936 when the population was estimated at 49,600.

It is estimated that Europeans have increased by 400, Asians by 1,300, and Natives by 10,000.

Until the next Census, which is due in 1941, is compiled, these figures must be regarded as approximate only.

#### 6. MARRIAGES.

The following marriages were celebrated in Nairobi during 1937. The figures are not corrected for persons habitually resident in Nairobi.

		83
• • •		3
		7
		10
		103
	•••	

#### 7. BIRTHS.

"The Nairobi Municipality (Notification of Births) By-laws, 1933," require any birth whether alive or dead, occurring within the Municipality to be notified within 48 hours, no races being exempt.

These by-laws have now been in force some years and the results are getting more accurate. The statistics obtained from these notifications are set out in the table under:—

#### NOTIFICATION OF BIRTHS, 1937.

		TD: 41	Resii		111. : 4.1	h	Т	$ m_{N}$	on-Re		r. Ilbirtl	ha	Тота	AL.
	М.	Birth F.	Total.	M.	llbirtl F. T	otal.	M.		Fotal.	M.			Births.	S.B.
British	25	33	58				23	14	37	_			95	
American							1		1				1	
Danish	1		1										1	-
Norwegian							-	1	1				1	
German	1	1	2					1	1				3	
Italian		1	1										1	
Greek							-	. 1	1				1	
Polish		1	1										1	
Syrian		$\bar{1}$	1									-	1	
Indian	194	162	356	6	1.	7	22	14	36	2	3	5	392	12
Goan	42	41	83	1	$\bar{1}$	2	1	2	3				86	2
Cingalese	1	$\overline{1}$	2										2	
Native	240	206	446	9	9	18	92	108	200	11	3	14	646	32
Arab	1	2	3		<b>—</b>			1	1				4	
Nubian		2	2					ī	1				3	
Sudanese		$\overline{2}$	$\bar{2}$										2	
Seychellois	1	4	5			-					_	-	5	
Total	506	457	.963	16	11	27	139	143	282	13	6	19	1245	46

#### MULTIPLE BIRTHS.

Twins were recorded in three instances among residents, one being Goanese with two female children and the other two Natives with one male and one female child.

Amongst non-residents, five instances of twins were recorded. Two Indian cases, one with two of the male sex and the other with one male and one female child, the remaining three instances being among Natives. In two cases both the children were of female sex and in one case the sex was divided.

#### BIRTH RATES.

In the following table will be found the crude and true birth rates for the races, together with the natural increase.

It will be noted that the true birth rate for all races is 14.6 and the crude rate 15.7. This compares with the figure of 13.7 for 1936. This rather large difference may be partially due to a more accurate notification of births.

It is interesting to note that the birth rate for England and Wales during 1936 was 14.8 and for British India during 1934 the rate was 34, but no suitable comparative figures can be obtained for the Native race except perhaps the Union of South Africa where the rates vary between 12.4 and 53.5.

#### BIRTH RATES AND NATURAL INCREASE.

			No. of					Natural increase.	
			64	10.6	64	10.6	42	22	3.6
Asian			441		432	24.9	285	147	8.5
Natives and	others	• • •	458	12.0	440	11.5	713	<i>–</i> 273	7.2
Total			963	15.7	936	14.6	1040	104	- 1.7

#### STILLBIRTHS.

In the table following will be found figures relating to the incidence of stillbirths. The considerable difference between the figures for residents and non-residents is worthy of note.

#### STILLBIRTHS AMONG RESIDENTS.

Race.		Births.	St	illbirth		Percentage to births.		
European		64				0.0		
Goan		83		. 2		2.4		
Indian		356		7	• • •	1.9		
Natives		446	• • •	18		4.0		
Others	• • •	14			• • •	0.0		
Total		963		27		2.8		

#### STILLBIRTHS AMONG NON-RESIDENTS.

Race.		Births.	Sti	illbirths.		ercentage to births.
European		41				0.0
Goan		3				0.0
Indian		36		5		13.9
Native		200		14		7.0
Others		2	• • •	_	• • •	0.0
Total	• • •	282		19		6.7

#### 8. DEATHS.

Unless otherwise stated, the following statistics refer to residents of Nairobi only, including the prison population. Figures have been corrected for outward transfers but not for inward transfers.

Rates have been calculated on the estimated population for 1937.

The total number of deaths reported in Nairobi during the year was 1,411, equivalent to a crude death rate for all races of 23.01 per thousand persons, compared with a rate of 23.29 for 1936.

The number of deaths from all causes among persons stated to be normally resident in Nairobi was 1,040, equivalent to a recorded death rate for all races of 16.96 per thousand persons, compared with 15.92 for 1936 and 13.90 for 1935.

Of the 1,040 deaths among residents, 725 were of males and 315 were of females.

290 or 27.8% of the deaths were of infants under one year of age.

42 deaths occurred among Europeans, 26 being males and 16 females, equivalent to a rate of 6.99 per thousand persons of that race.

285 deaths occurred among Asiatics, 164 being males and 121 females, equivalent to a rate of 16.47 per thousand persons of that race.

713 deaths occurred among Natives and other races, 535 being males and 178 females, equivalent to a rate of 18.75 per thousand persons.

DEATHS BY RACE AND SEX.

1937.	White.	Indian.	Goan.	Native	. Somali.	Arab.	Nubian.		Cin- galese.	Total.
Resident:								•		
M	26	149	15	521	11	2	1			725
F	16	117	4	168	4	2		3	1	315
Total	42	<b>2</b> 66	19	689	15	4	1	3	1	1040
Non-reside	ent:									
M	16	4 .		233			1			254
F	11	<u>.</u>	—	106				<u> </u>		117
Total	27	4		339	_		1			371
TOTAL	69	270	19	1028	15	4	2	3	1	1411
do										

#### COMPARISON OF DEATH RATES FOR RACES FOR 12 YEARS.

	E	European	•	Asiatic.		Native.	A	ll Races.
1926	• • •	13.5		30.3	• • •	17.3		20.5
1927		13.8		29.2	• • •	16.5	• • •	18.9
1928		12.8	• • •	23.3		16.1	• • •	17.9
1929	• • •	8.4	• • •	17.0		13.4	• • •	13.7
1930		11.8		20.7		15.2	• • •	16.2
1931	• • •	4.7		14.3	• • •	15.2	• • •	13.7
1932		5.6		13.5		10.7	•••	11.0
1933	• • •	7.1		14.8		15.0	• • •	14.0
1934		8.5	• • •	15.1		15.9	•••	14.8
1935		6.1		12.2		16.4	• • •	13.9
1936		8.9		16.1		17.3		15.9
1937	•••	6.9	•••	16.4		18.7	• • •	16.9

#### AVERAGE DEATH RATES.

Race.		10 years average 1928-37	е	5 years' average 1928-32.		5 years' average 1933-37		1937.
European		8.0		8.6		7.5		6.9
$egin{array}{lll} { m Asiatic} & \ { m Native} & \end{array}$	• • •	16.3 15.3	• • •	17.7 $14.1$	• • •	$14.5 \\ 16.6$	• • •	16.4 18.7
All races	•••	14.8	•••	14.5	•••	15.1		16.9

It will be noted that the European death rate during the past five years has declined by 1.1 below that for the previous five years, whilst the rate for Asiatics has decreased by 3.2, but the rates for Natives and All Races compared with similar periods has increased by 2.5 and 0.6 respectively.

The European death rate for 1937 is below that of the average for the past five years by 0.6 whilst the death rate for Asiatics, Natives, and All Races for 1937 compared with the average for the past five years have increased by 1.9, 2.1, and 1.8 respectively.

## MONTHLY INCIDENCE OF DEATHS BY RACE.

Month.		White.	Indian.	Goan,	Native.	Somali.	Arab.	Nubian	Seychellois.	Cingalese.	Total.	Percentage of total.
January	• • •	4	14		34						57	5.5
February		3	14	2	44	1	1				65	6.2
March		3	28	2	54	1	1		1	-	90	8.6
April		7	27		70	***************************************			1		105	10.1
May		1	31	4	69	2				-	107	10.3
June		6	38	1	68	1					114	11.0
July		5	22	4	82	1				1	115	11.1
August		6	11	2	56	3	1				79	7.6
September		2	20	2	65	2	1				92	8.8
October		2	22	1	41	1		1			68	6.5
November		1	21	1	60	2					85	8.2
December	• • •	2	18		41	1	********		1		63	6.1
Total		42	266	19	689	15	4	1	3	1	1040	100.00

#### DEATHS BY QUARTERS.

		Number of deaths.		Percentage of total.
First quarter		212		20.4
Second quarter	• • •	326	• • •	31.3
Third quarter Fourth quarter	• • •	286 216	• • •	27.5 20.8
Total		1040		100.00

The most deaths occurred in July (115), June (114), May (107), and the fewest in January (57), December (63), February (65).

## CAUSES OF DEATHS BY GROUP AND RACE.

Int	ernational cause of death.	White.	Indian.	Goan.	Native.	Somali.	Arab.	Nubian.	Seychellois.	Cingalese.	Total.
	General diseases	4	32	3	143	2					184
	General diseases (not included above)	4	29	2	14						49
	Diseases of the nervous system	5	10	_	22	2				_	39
	Diseases of the circulatory system	4	5		12			1			22
	Diseases of the respiratory system	7	81	6	350	9	3		_	1	457
	Diseases of the digestive system	1	27	4	47	1	1		1		82
7	Non-venereal diseases of the genito urinary system an										
0	annexa	4	6	1	5						16
	The puerperal state Diseases of the skin	_	7	<u> </u>	7		_			_	14
	Diseases of the skin  Diseases of the bones	_			1	1					3 2 8
11	Congenital malformations	2	4		$\overline{2}$						8
	Diseases of early infancy		35	2	33				2		77
	Old age	5 2	4		4						10
	External causes	3	13		30	—	-				46
15.	Ill-defined causes	1	12		18		-			_	31
	Total	42	266	19	689	15	4	1	3	1	1040

CAUSES OF DEATH BY GROUP WITH THE PERCENTAGE TO TOTAL AND RATE PER 1,000 POPULATION.

1	International cause of death.		Number.	% of total.		ate per 1,000 population.
1.	General diseases		184	17.69		3.001
2.	General diseases (not included above)		49	4.71		0.799
3.	Diseases of nervous system		39	3.75		0.636
4.	Diseases of the circulatory system		22	2.12	•••	0.358
5.	Diseases of the respiratory system	• • •	457	43.94		7.453
6.	Diseases of the digestive system		82	7.89	•••	1.337
7.	Non-venereal diseases of the genito-					
	urinary system and annexa	• • •	16	1.54		0.260
8.	The puerperal state		14	1.35	• • •	0.228
9.	Diseases of the skin		3	0.29	2	0.048
10.	Diseases of the bones		2	0.19		0.032
11.	Congenital malformations		8	0.77	• • •	0.130
12.	Diseases of early infancy		77	7.40		1.255
13.	·Old age · · · · · · · · · · · · · · · · ·		10	0.96		0.163
14.	External causes		46	4.42	• • •	0.750
15.	Ill-defined causes	• • •	31	2.98	•••	0.505
	Total ,		1040	100.00	•••	16.962

The incidence of the various causes of death in relation to the groups is commented upon hereunder.

The figures in brackets in the text relate to the returns for 1936.

In comparing the deaths during 1937 with the previous year, it should be noted that there is a substantial increase of deaths under "General diseases" during the present year, the main individual increases being under cancer and tuberculosis.

Although "Diseases of the nervous system" showed a decrease in the total, there was a large increase in the number of deaths from cerebral haemorrhage.

Deaths from respiratory diseases increased from 340 to 457, this increase being mainly due to the pneumonias.

Over double the number of deaths during 1936 under "Diseases of digestive system" were recorded in 1937, there being a large increase in the cases of infantile and adult diarrhoea.

Puerperal sepsis and other conditions of childbirth were responsible for an increase in the deaths under the group "The puerperal state."

"Diseases of the respiratory system" as heretofore is the group concerned with the greatest number of deaths.

This group accounted 457 (340) deaths or 43.9% (42.7%) of the total deaths, equivalent to a rate of 7.45 (6.80) per thousand of population.

Deaths under this heading were:

Pneumonia	•••	•••	301 (229)
Broncho pneumonia	,		136 (97)
Bronchitis	• • •		8 (8)
Oedema larynx	• • •	• • •	4
Pleurisy	• • •	• • •	2
Asthma	• • •	• • •	2 (5)
Abscess of lung	• • •	• • •	2(1)
Empyema	• • •	• • •	1
Pulmonary oedema			1

"General diseases" is the next important group in point of numbers with 184 (145) deaths or 17.6% (18.2%) of the total deaths equal to a rate of 3.00 (2.90) per thousand population.

Deaths under this group include:—

Malaria	 38 (32)	Measles		• • •		5 (6)
Tuberculosis	 30 (16)	Diphtheria				4 (2)
Plague	 22 (5)	Influenza			• • •	3 (4)
Cerebrospinal meningitis	 18 (16)	Tetanus				3 (4)
Dysentery	 16 (5)	Blackwater	fever			2 (4)
Septicaemia	 16 (13)	Whooping	cough			1 (6)
Syphilis	 15 (23)	Leprosy		• • •	• • •	1
Typhoid fever	 9 (7)	Erysipelas				1 (4)

The group headed "Diseases of the digestive system" is next in importance with 82 (40) deaths, or 7.8% (5.0%) of the total deaths, equivalent to a rate of 1.33 (0.8) per thousand population.

The individual causes were:

Diarrhoea (under 2)	 57 (22)	Gastric ulcer	• • •	2 (1)
Diarrhoea (over 2)	 11 (2)	Appendicitis		1 (1)
Intestinal obstruction	 8 (6)	Yellow atrophy liver		1
Peritonitis	 2 (1)			

The deaths under the heading "Diseases of early infancy" totalled 77 (76) or 7.4% (9.5%) of the total deaths, the equivalent rate per thousand population being 1.25 (1.52).

The causes of death were:

Congenital debility	 37 (38)	Atelectasis	• • •	•••	1
Prematurity	31 (29)	Icterus neonatorum		•••	1.
· ·	3 (5)	Haematemesis	• • •		1
Peritonitis	 2	Omphalitis		• • •	1.

The second group of "General diseases" is next on the list with 49 (25) deaths or 4.7% (3.1%) of the total deaths, making a rate per thousand population of 0.7 (0.5).

The diseases concerned were:

Cancer Rickets Diabetes Scurvy and Leukaemia	   dis	  easø 	9 8 5 3	( )	Alcoholism Anaemia Cretinism Purpura Ruptured spleen	 	2 (1) 2 (3) 1 (1) 1
Rheumatism	 • • •		4	(2)			

"External causes" is the next group in order of numbers with 46 (40) deaths or 4.4% (5.0%) of the total deaths, equivalent to a rate of 0.75 (0.80) per thousand population.

Deaths under this group include:-

Road accident Burns Judicial hanging Suicide	•••	 13 (11) 10 (1) 7 (13) 6 (5) 3 (3)	Homicide Fracture Fall Foreign body	  in	•••	  us	3 (3 2 (2 1 1	_ /
Drowning		 0 (0)						

The group "Diseases of the nervous system" was responsible for 39 (36) deaths or 3.7% (4.5%) of the total deaths with an equivalent rate per thousand population of 0.63 (0.72).

The details were:

The details were.			
Cerebral haemorrhage 16 (4) Myelitis	•••	• • •	1 (1)
Meningitis 10 (13) Epilepsy	•••	•••	1 (1)
Convulsions 8 (4) Brain tumour		•••	1 (2)
		•••	1

"Ill-defined causes" is next in order of numbers with 31 (31) deaths or 2.9% (3.8%) of the total deaths, the equivalent rate per thousand population being 0.50 (0.62).

The recorded causes under this group were:-

Unknown		9 (18)	Debility	• • •	•••	• • •	1
Heart failure		0 (8)	Collapse	• • •	•••	• • •	1
Natural causes	 	5 (2)	Anaesthetic	• • •	•••		1
P.U.O	 	5 (1)	Shock	• • •	• • •	• • •	1

"Diseases of the circulatory system" accounted for 22 (23) deaths or 2.1% (2.8%) of the total deaths with an equivalent rate per thousand population of 0.35 (0.46).

The diseases under this heading include:—

Heart disease	• • •		19 (16)	Pericarditis	• • •	 • • •	1 (1)
Endocarditis		• • •	2 (1)				

"Non-venereal diseases of the genito-urinary system and annexa" comes next with 16 (17) deaths or 1.5% (2.1%) of the total deaths, the equivalent rate per thousand population being 0.26 (0.34).

The causes of death were:—

Nephritis	• • •	,	11 (13)	Pyo-metritis		• • •	 1 (1)
Pyelo nephritis		•••	2	Prostatitis	•••		 1
Pyelitis			1				

"The puerperal state" was accountable for 14 (8) deaths or 1.3% (1.0%) of the total deaths, making a rate per thousand population of 0.22 (0.16).

The diseases concerned were:—

Puerperal sepsis	 	6 (1)	Postpartum haemorrhag	e	2(1)
Child birth	 , , ,	5	Eclampsia		1 (3)

Thet group "Congenital malformation" was responsible for 8 (6) deaths or 0.7% (0.7%) of the total deaths, equivalent to a rate per thousand population of 0.13 (0.12).

The items were:—

Heart disease		. • • •	3 (2)	Monstrosity	• • •	• • •	1 (1)
Anencephalus			1 (1)	Pyloric stenosis	• • •	• • •	1
Cleft palate	• • •	•••	1	Spina bifida	• • •	•••	1

Three deaths occurred under the group "Diseases of the skin," the causes being:—

 Gangrene of jaw
 ...
 2

 Cellulitis
 ...
 ...
 1

and there were two deaths recorded under the group "Diseases of the bones," the cause being arthritis in each instance.

## AGE GROUP DISTRIBUTION OF POPULATION AND DEATH BY RACES.

#### EUROPEAN.

	Ров	ULATION.				DEATHS.		
Age group.		Estimated istribution.		stimated opulation.	Number.	,	% of age group.	Distribution.
0-1		37.865		227	 7		3.08	 166.663
2 4		55.548		333	 			 
5— 9		81.706		490	 			 —
10—14		50.914		306	 1		0.32	 23,809
15—19		45.609		274	 		—	 —
20—24		82.743		495	 			 
25—29		124.754		749	 <del></del>		—	 
30—34		126.645		760	 1		0.13	 23.809
3539		117.864		707	 1		0.14	 23.809
40—44		94.644		568	 3		0.52	 71.427
4549		66.340		398	 5		1.25	 119.045
50—54		48.692		292	 5		1.71	 119.045
55—59		29.877		179	 5		2.79	 119.045
60—64		18.597		112	 6		5.35	 142.854
65—69		9.268		56	 1		1.78	 23.809
70—74		5.121		31	 3		9.67	 71.427
75—79		2.560		15	 1		6.66	 23.809
80—84		0.914		6	 1		16.66	 23.809
85—89		0.060		2	 2		100.00	 47.618
90—94	• • •			_	 _			 -
		999.990		6,000	 42		0.70	 999.978

## ASIATIC.

	Pol	PULATION.					DEATHS.	
Age group.		Estimated istribution.	Estimated population.	,	Number.	•	% of age group.	Distribution.
0— 1		63.319	 1078		152		14.10	 533.322
2— 4		93.620	 1620		21		1.29	 73.682
5— 9		111.620	 1931		9		0.46	 31.578
10—14		79.755	 1880		5		0.36	 17.543
15—19		91.716	 1587		10		0.63	 35.087
20—24		135.989	 2353		8		0.34	 28.069
25—29		119.539	 2068		8		0.38	 28.069
30—34		99.941	 1729		9		0.52	 31.578
35—39		72.306	 1251		8		0.64	 28.069
40—44		52.732	 912		13		1.42	 45.618
45—49		31.982	 553		9		1.62	 31.578
50—54		20.185	 349		7		2.00	 24.560
55—59		7.402	 128		4		3.12	 14.034
60—64		9.164	 159		7		4.40	 24.530
65—69		4.935	 85		5		5.58	 17.543
70—74		3.313	 57		2		3.51	 7.017
75—79		1.504	 26		1		3.84	 3.508
8084		1.363	 23		3		13.04	 10.526
85—89		0.258	 5		1		20.00	 3.508
90—94		0.188	 3		2		66.66	 7.017
9599		0.164	 3				100.00	 -
100		0.005	 1	• • •	1	• • •		 3.508
		1000.000	 17,300		285		1.64	 999.969

#### NATIVE.

	Popul	ATION.		DEATHS.							
Age group.			Estimated population.		Number.		% of age group.	•	Distribution.		
0-1		Not kno	own		209	•••	Not known	ı	293.122		
2— 4		,,			35		,,	• • •	49.087		
5 9		,,			25		,,		35.062		
10—14		,,			19		,,		26.647		
15—19	•••	,,			19		,,		26.647		
20—24		,,			21		,,		29.452		
25—29*		,,			252		,,		353.430		
30—34*		,,			69		,,		96.772		
<b>3</b> 5—39		,,			25		,,		35.062		
40—44		<b>,</b> ,			10		,,		14.025		
45—49	• • •	,,			9		,,		12.622		
50—54	•••				11		,,		15.427		
55—59		,,			_		,,		_		
60—64	• • •	,,			6		,,		8.415		
65—69		,,					,,				
70—74		,,					,,		—		
75—79		,,					,,				
80—84		,,			3		,,		4.277		
85—89		,,					,,		—		
90-94		,,					,,				
95—99		"					,,				
			70.000		717				999.977		
			38,000	• • •	713	• • •	,,	•••	333.311		

<sup>\* 127</sup> Native deaths recorded as "adults" have been included in the groups 25—34.

The age group distribution for Nairobi has been taken in the same proportion as the age group distribution for the whole Colony, as published in the report on non-native census taken in 1931.

#### CAUSES OF DEATHS.

GROUP I. GENERAL DISEASES.         1. Typhoid fever	Inter	national cause of death.	White.	Indian.	Goan.	Native.	Somali.	Arab.	Nubian.	Seychellois.	Cingalese.	Total.
1. Typhoid fever       1       3       1       4       —       —       —       9         5. Malaria         6       —       32       —       —       —       38         7. Measles          3       —       2       —       —       —       5         9. Whooping cough         —       —       1       —       —       —       —       1         10. Diphtheria        —       4       —       —       —       —       4         11. Influenza        2       —       1       —       —       —       4         16. Dysentery         —       2       —       12       2       —       —       16         17. Plague         —       5       —       17       —       —       —       2       —       —       16         17. Plague         —       5       —       17       —       —       —       12         20. Leprosy         —       3 <th>Grou</th> <th>P I. GENERAL DISEASES.</th> <th></th>	Grou	P I. GENERAL DISEASES.										
5. Malaria        -       6       -       32       -       -       -       38         7. Measles         -       3       -       2       -       -       -       5         9. Whooping cough        -       -       -       1       -       -       -       -       1         10. Diphtheria        -       4       -       -       -       -       4         11. Influenza        2       -       -       1       -       -       -       -       4         16. Dysentery        -       2       -       12       2       -       -       16         17. Plague         -       5       -       17       -       -       -       22         20. Leprosy         -       -       1       -       -       -       1         21. Erysipelas         -       1       -       -       -       -       1         25. Blackwater fever        -       2       -       -       - <td></td> <td></td> <td>1</td> <td>3</td> <td>1</td> <td>4</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>9</td>			1	3	1	4						9
7. Measles	5.	Molovio										
10. Diphtheria        -       4       -       -       -       -       4         11. Influenza        2       -       -       1       -       -       -       3         16. Dysentery         -       2       -       12       2       -       -       -       16         17. Plague         -       5       -       17       -       -       -       -       22         20. Leprosy         -       -       -       1       -       -       -       -       1         21. Erysipelas         -       1       -       -       -       -       1         24. Cerebrospinal meningitis        -       3       -       15       -       -       -       -       1         25. Blackwater fever         2       -       -       -       -       2         29. Tetanus         1       -       1       2       -       -       -       -       3         31. Pulmonary tuberculosis	7.	Manalan				2						
10. Diphtheria        -       4       -       -       -       4         11. Influenza        2       -       -       1       -       -       -       3         16. Dysentery         -       2       -       12       2       -       -       16         17. Plague         -       5       -       17       -       -       -       22         20. Leprosy         -       -       -       1       -       -       -       22         21. Erysipelas         -       1       -       -       -       1       -       -       -       1       1       -       -       -       1       -       -       -       -       1       -       -       -       -       -       1       -       -       -       -       -       -       -       1       -		Whooping cough				1						1
16. Dysentery         -       2       -       12       2       -       -       -       16         17. Plague         -       5       -       17       -       -       -       -       22         20. Leprosy         -       -       -       1       -       -       -       -       1         21. Erysipelas         -       1       -       -       -       -       1         24. Cerebrospinal meningitis        -       3       -       15       -       -       -       -       18         25. Blackwater fever        -       2       -       -       -       -       2         29. Tetanus         -       1       -       2       -       -       -       -       -       3         31. Pulmonary tuberculosis        1       -       1       20       -       -       -       -       3         33. Tubercular peritonitis        -       -       -       -       -       -       -				4					·		—	4
17. Plague         -       5       -       17       -       -       -       22         20. Leprosy         -       -       -       1       -       -       -       -       1         21. Erysipelas         -       1       -       -       -       -       -       1         24. Cerebrospinal meningitis        -       3       -       15       -       -       -       -       18         25. Blackwater fever        -       2       -       -       -       -       -       2         29. Tetanus         -       1       -       2       -       -       -       -       3         31. Pulmonary tuberculosis        1       -       1       20       -       -       -       -       3         33. Tubercular peritonitis        - <t< td=""><td></td><td>Influenza</td><td>. 2</td><td></td><td>_</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<>		Influenza	. 2		_							
20. Leprosy			. —	2			2					
21. Erysipelas        -       1       -       -       -       -       1         24. Cerebrospinal meningitis       -       3       -       15       -       -       -       18         25. Blackwater fever       -       2       -       -       -       -       -       2         29. Tetanus       -       -       1       -       2       -       -       -       -       3         31. Pulmonary tuberculosis       1       -       1       20       -       -       -       -       22         32. Tubercular meningitis       -       -       -       3       -       -       -       -       3         33. Tubercular peritonitis       -       -       -       1       -       -       -       -       4         37. Disseminated tuberculosis       -       -       -       -       4       -       -       -       -       4         38. Syphilis        -       -       -       -       -       -       -       -       -       -       -       -       -       -       -       -       -       -			. —	5	<b>→</b>		—	—	—	—	—	
24. Cerebrospinal meningitis       —       3       —       15       —       —       —       —       18         25. Blackwater fever       —       —       2       —       —       —       —       2         29. Tetanus       —       —       1       —       2       —       —       —       —       3         31. Pulmonary tuberculosis       —       —       1       20       —       —       —       —       22         32. Tubercular meningitis       —       —       —       3       —       —       —       —       3         33. Tubercular peritonitis       —       —       —       1       —       —       —       —       —       —       4         37. Disseminated tuberculosis       —       —       —       4       —       —       —       4         38. Syphilis       —			. —			1					<u> </u>	
25. Blackwater fever       —       2       —       —       —       —       —       2         29. Tetanus        —       1       —       2       —       —       —       —       3         31. Pulmonary tuberculosis       1       —       1       20       —       —       —       —       22         32. Tubercular meningitis       —       —       —       3       —       —       —       —       3         33. Tubercular peritonitis       —       —       —       1       —       —       —       —       1         37. Disseminated tuberculosis       —       —       —       4       —       —       —       4         38. Syphilis        —			. —									
31. Pulmonary tuberculosis       1       —       1       20       —       —       —       —       22         32. Tubercular meningitis        —       —       —       3       —       —       —       —       3         33. Tubercular peritonitis        —       —       1       —       —       —       1         37. Disseminated tuberculosis        —       —       4       —       —       —       4         38. Syphilis         —       —       —       15       —       —       —       —       15						15		<b>—</b> →		—		18
31. Pulmonary tuberculosis       1       —       1       20       —       —       —       —       22         32. Tubercular meningitis        —       —       —       3       —       —       —       —       3         33. Tubercular peritonitis        —       —       1       —       —       —       1         37. Disseminated tuberculosis        —       —       4       —       —       —       4         38. Syphilis         —       —       —       15       —       —       —       —       15			. —	2		_	<del></del> ·			<del></del>		2
32. Tubercular meningitis        -       -       -       3       -       -       -       -       3         33. Tubercular peritonitis        -       -       -       1       -       -       -       1         37. Disseminated tuberculosis        -       -       -       4       -       -       -       -       4         38. Syphilis         -       -       -       -       -       -       -       -       -       15				1			—			<u> </u>	—	3
33. Tubercular peritonitis        -       -       -       1       -       -       -       1         37. Disseminated tuberculosis        -       -       -       4       -       -       -       -       4         38. Syphilis         -       -       -       15       -       -       -       -       15		Pulmonary tuberculosis	. 1	—	1	20				—		
37. Disseminated tuberculosis       —       —       —       —       —       —       —       4       —       —       —       —       4         38. Syphilis         —		Tubercular meningitis	. —				—			—		
38. Syphilis 15 15			. —					<del></del>			—	Ţ
			. —	_				-		_	-	
41. Septicaemia $-$ 2 1 13 $  -$ 16			. —				-	_	-	_	-	
*	41.	Septicaemia	. —	2	1	13	_	_		-	—	16

## CAUSES OF DEATHS (Continued).

International cause of death.	White.	Indian.	Goan.	Native.	Somali.	Arab.	Nubian.	Seychellois.	Singalese.	Total.
GROUP II. GENERAL DISEASES (no			ibove).							
44. Cancer liver 45. Cancer intestines	$\frac{1}{1}$	1		3 1			—		—	5
46. Cancer uterus	ì							_	_	2 1
47. Cancer breast	1						_	_		1
49. Sarcoma (undifferentiated) Sarcoma testes	—	1 1			—	—			—	1 1
Carcinoma prostrate		1	_	_		_	_	_	<i>,</i>	1
Carcinoma throat				1			_		_	1
51. Rheumatic fever		3	—			—	—		—	3
52. Chronic rheumatism 53. Scurvy	_		_	$\frac{1}{1}$						$\frac{1}{1}$
Kikuyu disease				4						4
56. Rickets	—	8	1						—	9
57. Diabetes	—	7 2	1		—			—	—	8 2
58. Anaemia 60. Cretinism	_	$\stackrel{\scriptstyle \sim}{1}$	_	_	_		_	_	_	$\stackrel{\scriptscriptstyle  ho}{1}$
64. Ruptured spleen		1		<u> </u>						1
65. Leukaemia	—	3				—	—	—	—	3 2
66. Alcoholism 69. Purpura		_		2 1		_				1
Group III. Diseases of Nervous	Q Q	mra.e		_						_
70. Abscess brain	S DYS	TEM. 1								1
71. Meningitis		3		7		—			_	10
73. Myelitis	_	1		_		—		—		1.
74. Cerebral haemorrhage	4	2	_	8 1	2	_	_		_	16 1
78. Epilepsy 80. Convulsions (under 5)	_	2		6						8
84. Cerebral tumour	1	<del></del>		—		—			—	1
86. Mastoid disease	—	1				_	_	_		7
GROUP IV. DISEASES OF THE CIRC 87. Pericarditis	CULAT	ORY SY	STEM.	1						1
87. Pericarditis 88. Endocarditis	1	1								2
90. Diseases of the heart	3	4	—	11	—		1		—	19
GROUP V. DISEASES OF THE RESP	IRATO	RY SY	STEM.							4
98. Oedema larynx	7			4 1		0				4 8
99. Bronchitis 100. Broncho-pneumonia	3 1	4 39	2	89	3	1			1	136
101. Pneumonia	$\hat{1}$	34	4	254	6	2				301
102. Pleurisy		2		—						2
Empyema	1	<u> </u>				_		_	_	1
103. Pulmonary oedema 105. Asthma		$\stackrel{\scriptscriptstyle\perp}{1}$		1		_				2
107. Abscess of lung	1			1				—	—	2
GROUP VI. DISEASES OF THE DIG		e Systi	EM.	-4						0
111. Ulcer of stomach, duodenum	1	22	<del></del> 3	1 29	$\frac{-}{1}$		_	_ 1	_	2 57
113. Diarrhoea (under 2) 114. Diarrhoea (over 2)	_	<i>~~</i>	_	11					_	11
117. Appendicitis			1	—				—		1
118. Intestinal obstruction		3		5	—		—			8
20. Yellow atrophy liver	_	1 1	_	1					_	2
126. Peritonitis GROUP VII. NON-VENEREAL DISE	ASES	OF TH	E GEN	то-Ш	RINAR	y Sy	STEM	AND	ANNE	_
128. Acute nephritis		2	— —	—	——					2
129. Chronic nephritis	2	1	1	5	—	_	—	—	—	9
131. Pyelitis	1		-	—	_			—	—	1
Pyelonephritis 135. Disease of prostate		1			_	_			_	1
141. Septic metritis		1	—	—	_	_		—		1
1										

## CAUSES OF DEATHS (Continued).

International cause of death.	White.	Indian.	Goan.	Native.	Somali.	Arab.	Nubian.	Seychellois.	Singalese.	Total.
GROUP VIII. THE PUERPERAL STATE  144. Postpartum haemorrhage  145. Childbirth  146. Puerperal sepsis  148. Eclampsia	TE. — — — —	 1 5 1		2 4 1 —						2 5 6 1
GROUP IX. DISEASES OF THE SKIN 151. Gangrene jaw 153. Cellulitis	—	1	1	1	_	<u> </u>	_	<u></u>	_	2
GROUP X. DISEASES OF THE BONES 156. Arthritis	-	· —		1	1	_		_	_	2
Group XI. Congenital Malforms  159. Anencephaly  Congenital heart disease  Cleft palate  Monstrosity  Pyloric stenosis  Spina bifida	1 1 — — —	. — 2 1 — 1								1 3 1 1 1
Group XII. Diseases of Early I  160. Congenital debility  161. Premature birth  Icterus neonatorum  Asphyxia neonatorum  Omphalitis  Haematemesis  Atelectasis	2 3 — — — —	CY.  13 14 1 2 3 1 1 —	1 1 - - -	21 12 — — — —				1    1		37 31 1 2 3 1 1
Group XIII. Old Age. 164. Old age	2	4		4		_	_			10
Group XIV. External Causes.  168. Suicide by hanging  170. Suicide by firearms  179. Accidental burns  182. Accidental drowning  185. Accidental fall  188. Road accident  198. Homicide by cutting instrument  199. Homicide  201. Fracture  202. Judicial hanging  Enroige body in pesophagus		- 7 1 - 5		3 -3 2 1 8 2 1 2 7						3 3 10 3 1 13 2 1 2 7
Foreign body in oesophagus  GROUP XV. ILL-DEFINED CAUSES.  205. Heart failure	1     42	7 1 3 1 — — —		- 2 4 1 1 1 9						8 1 5 5 1 1 1 9

#### 9. INFANT MORTALITY.

The total number of deaths in infants under one year of age during 1937 was 290 or 27.8% of the total deaths, compared with 294 and 36.9% during the previous year.

Reference to the age distribution table in the previous section shows among Europeans, out of every 1,000 deaths, 166 were of the 0—1 age group and that during 1937, 3.08% of that age group died.

Similarly among Asians, out of every 1,000 deaths, 533 were of the 0—1 age group and that, during 1937, 14.10% of that age group died.

Not knowing the age group distribution for Natives, all we are able to state is that out of every 1,000 deaths, 293 were of the 0—1 age group.

The death distribution for this age group among Asians and Natives shows a slight improvement over the figures for 1936, which were 540 and 308 respectively.

In previous years infant mortality has been expressed as a percentage of infant deaths to total deaths and the practice will be continued for comparative purposes.

INFANT DEATHS.

Race.	Infant deaths.	Total deaths.	ercentage of otal deaths.
White	 7	 42	 16.66
Asiatic	 134	 285	 47.01
Native and other	 149	 713	 20.89
All Races	 290	 1040	 27.88

### INFANT DEATHS FOR TEN YEARS.

Race.		1928.	1929.	Pe 1930.	ercentag 1931.		otal de 1933.		1935.	1936.		Average 0 years.
White Asiatic Native	•••	8.3 34.5 13.1	23.7 44.9 15.4	13.2 42.7 10.6	12.0 44.6 20.6	9.6 45.8 17.3	5.4 52.2 21.2	17.3 42.1 19.2	8.8 50.9 24.1	8.0 54.0 30.8	16.66 47.01 20.89	12.2 45.8 19.3
ALL RAC	ES	20.6	24.3	20.6	29.5	28.0	30.7	26.5	31.1	36.9	27.88	27.6

It will be noted that the percentages of infant deaths to total deaths during 1937 were less, with the exception of the European rate, than those for 1936, but in each case they were above the average for 10 years.

The true infant mortality, that is the rate of infant deaths per thousand live births, is set out in the table hereunder.

#### INFANT MORTALITY RATES.

Race.		Li	ve birt	hs.	Death	s.	Per 1,000 live births.
White	 		64	• • •	7	• • •	109.3
Asiatic	 • • •		432	•••	134		310.1
Native	 		440	•••	149		338.6
TOTAL	 	• • •	936	•••	290	• • •	309.8

It is noted that the Asian and Native rates compare favourably with the figures for 1936, which were 518 and 448 respectively.

In the report for last year, attention was drawn to the very high infant mortality rate for non-Europeans, namely, 479. During 1937, the rate, although still high, namely 324, compares very favourably with 1936.

As it is of practical interest to know at what ages these infant deaths ocurred, the three tables following are appended:—

#### DEATHS AT ONE MONTH OR UNDER.

						$W_{EE}$	KS.		One month
Race.					1	2	3	4	or under.
WHITE.	Deaths				4	-		1	5
	Percentage liv	ve bi	irths	•••	6.2			1.5	7.8
ASIATIC.	Deaths				20	6	7	6	39
	Percentage li	ve b	irths	•••	4.6	1.3	1.6	1.3	9.0
NATIVE.	Deaths				19	5	5	5	34
	Percentage li	ve b	irths	•••	4.3	1.1	1.1	1.1	7.7
TOTAL.	Deaths				43	11	12	12	78
	Percentage li	ve b	irths		4.5	1.1	1.2	1.2	8.3

#### DEATHS TO SIX MONTHS.

Race.			1	2	3	4	5		6 months or under.
WHITE.	Deaths % live births	• • •	5 7.8		1 1.5		-		6 9.3
ASIATIC.	Deaths % live births	• • •	39 9.0	19 4.3	13 3.0	7 1.6	9 2.0	6 1.3	93 21.5
NATIVE.	Deaths % live births		34 7.7	16 3.6	11 2.4	8 1.8	6 1.3	10 2.2	85 19.3
TOTAL.	Deaths % live births	•••	78 8.3	35 3.7	25 2.6	15 1.6	15 1.6	16 1.6	184 19.6

## DEATHS FROM SEVEN MONTHS TO UNDER TWELVE MONTHS.

Race.			7	8	9	10	11		months to 1 year.
WHITE.	Deaths % live births	• • •	<b>→</b>			1 1.5	_		1 1.5
Asiatic.	Deaths % live births	• • •	11 2.5	5 1.1	9 2.0	9 2.0	4 0.9	3 0.6	41 9.4
NATIVE.	Deaths % live births	• • •	17 3.8	8 1.8	15 3.4	10 2.2	11 2.4	3 0.6	64 14.5
Total.	Deaths % live births	• • •	28 2.9	13 1.3	24 2.4	20 2.1	15 1.6	0.6	106 11.3

The causes of infant mortality and the seasonal incidence are indicated in the following tables:—

INFANT MORTALITY.

		White.	India	n.Goan.	Native	.Somali	.Arab.	Seych.	Total.
Anencephalus		1	_					_	1
Asphyxia neonatorum			3			—			3
Atelectasis						—		1	1
Bronchitis			3						3
Broncho-pneumonia			29	1	42	2	1	1	76
Burns					1		—		1
Cellulitis		_			1		—		1
Cerebrospinal meningitis			1						1
Cleft palate			1					—	1
Congenital heart disease			2						2
Convulsions			1		4				5
Diarrhoea			22	2	21	1	1	1	48
Diphtheria			1						1
Descentant			2		1			—	3
Erysipelas			$\overline{1}$						1
Haematemesis			1						1
Icterus neonatorum			$\overline{1}$						1
Ill defined			2		4				6
T 0					1				1
Tuturantian			2						2
3.6.1					6				6
Malformation of heart		1							1
35		2	13	1	11				27
351	• • •		1						1
35 / 1/					1				1
· ·	• • •		1						1
Omphalitis			3						3
Peritonitis	• • •		13	2	26	1			42
Pneumonia	• • •	3	14	1	11		-	1	30
Prematurity	• • •	J	1						1
Pyelonephritis	• • •		1						1
Pyloric stenosis	• • •		1						1
Rheumatism	4	_	7						7
Rickets	• • •		•		1				1
Spina bifida	• • •	_			7				7
Syphilis	• • •	—			1				1
Tetanus	• • •								
TOTAL		7	127	7	139	4	2	4	290

	January.	February.	March.	April.	May.	June.	July.	August.	September.	October.	November.	December.	Total
Anencephalus Asphyxia neonatorum Atelectasis Bronchitis Broncho-pneumonia Burns Cellulitis Cerebrospinal meningitis Cleft palate Congenital heart disease Convulsions Diarrhoea Diphtheria Dysentery Erysipelas Haematemesis Icterus neonatorum Ill defined Influenza Intussusception Malaria Malformation of heart Marasmus Measles Monstrosity Omphalitis Peritonitis Prematurity Pyelonephritis Pyloric stenosis Rheumatism Rickets Spina bifida Syphilis Tetanus  Tetanus	1 	- 4 2	-1 -21 -8 1 1 11 2 31 -11111	- - 1 5 - - 1 14 - - - 1 - - - - - - - - - - -		-1	- - - - 8 - - 1 3 - 1 - - - - - - - - - - - - - -	- 6	1 - 4 - 1		- - - 5 - - 1 6 -1 - - - - - - - - - - - - - -		131361258131116126127111342301117171 
Total	15	18	24	36	33	44	25	18	14		27	14	290

## SEASONAL INFANT MORTALITY FOR THE RACES.

		White.	Indian.	Goan.	Native.	Somali.	Arab.	Seych.	Cingalese.	Total.
January		1	9		5					15
February	• • •		2	1	13	1	1		—	18
March	•••	2	12		9			1		24
April	•••		13		22			1	_	36
May		·	18	2	13					33
June		1	26	1	15	1				44
July			6	2	16				1	25
August	• • •	1	7	1	8		1			18
September		1	7		6					14
October		1	11		10					22
November	• • •		9		17	1				27
December	•••	-	7	_	5	1		1		14
		7	127	7	139	4	2	3	1	290

COMPARISON OF THE PERCENTAGE OF THE FOUR PRINCIPAL CAUSES OF INFANTILE MORTALITY TO TOTAL INFANT DEATHS FOR TEN YEARS.

	1928.	Perce 1929.	entage 1930.	to to 1931.	tal of 1932.	Infai 1933.	nt Dea 1934.	ths. 1935.	1936.	1937.	Average 10 yrs.
Pneumonia Congenital debility											
Prematurity	11.3	13.2	15.0	7.7	17.0	8.3	12.8	15.6	9.8	10.3	12.1
Diarrhoea	7.8	9.4	6.9	8.7	9.5	8.8	9.0	6.9	6.8	16.5	8.0

It is noted that pneumonia still holds the position as principal cause of infant deaths during 1937. The condition accounted for 40.7% of the total deaths, being less than in the previous year, although slightly above the average for 10 years.

Prematurity accounted for 10.3% of the total deaths, being somewhat greater than the figure for 1936 but less than the 10 years' average.

Congenital debility held the lowest position of the four principal causes with 9.3%, being about the same as the previous year but less than the average for 10 years.

The proportion of deaths from diarrhoea will be noticed to be higher than both the previous year and the 10 years' average.

#### 10. NOTIFIABLE INFECTIOUS DISEASES.

No alteration to the list of notifiable diseases has been made since Malaria was added in 1930.

The number of cases of infectious diseases notified during 1937 totalled 1,121 compared with 927 for 1936, the difference being mainly due to an increase of malaria cases.

Excluding the 942 malaria cases, the total of 179 may be compared with the totals for the previous five years of 176, 149, 130, 125, and 128 respectively.

The number of cases of locally acquired malaria notified totalled 942 compared with 751 during 1936 and 3,500 during 1935.

Blackwater fever was notified in an equal number of instances as last year, namely 2.

There was a slight increase in the cases of cerebrospinal meningitis reported from 21 to 24.

Diphtheria accounted for 11 notifications compared with 7 during 1936.

Twenty-five cases of human plague were recorded from within the Municipality during the year.

The number of notifications of puerperal sepsis during 1937 increased from 4 to 15 compared with the previous year.

Relapsing fever accounted for 10 notifications, the largest number since 1926.

Tuberculosis was notified in 42 instances, of which 32 were pulmonary cases and 10 cases other than pulmonary.

Typhoid fever showed a slight increase in numbers reported from 37 in 1936 to 42 in 1937.

There were no notifications during the year in connection with leprosy, ophthalmia neonatorum, Malta fever, beri beri, smallpox, trypanosomiasis, poliomyelitis, encephalitis lethargica, glanders, rabies, and cholera.

## INFECTIOUS DISEASES NOTIFIED. White. Indian. Goan. Native. Chinese. Total.

		white.	Indian	. Goan.		Cillicse.		
Malaria		35	540		367		942	
${ m Anthrax} \qquad \dots \qquad \dots$			<u> </u>	—	2		2	
Blackwater fever			2				2	
Cerebrospinal meningiti	is	1	.4		19		24	
Diphtheria		2	9				11	
Erysipelas			2 5				2	
Plague		—	5		20		25	
Puerperal sepsis			15	—		-	15	
Relapsing fever			1		9		10	
Scarlet fever		2 2					2	
Tick typhus	• • •	2					2	
Tuberculosis, pulmonary			7	· ·	24	1	32	
moningitie	y ci				3		3	
,, abdomen		_			1		1.	
	• • •		_		1		1	
,, spine ., adenitis	• • •				1		ī	
,, ademus					4		4	
	tea	1	21	2	18		42	
Typhoid fever	• • •	Т	21	2	10		72	
Tomar		43	606	2	469	1	1121	
Total					700			
SEASONAL INCIDEN	NCE	OFI	NFECT	CIOUS I	DISEASE	ES NOT	FIED.	
						September. October.	November. December.	
January.	GI.				ř.	nb er.	November December	*
73.	n T	ch ::		. e.	in:	ter op	/en	'AI
January	ďΑ	March	May.	June. July.	August,	Septem! October	01 <sub>0</sub>	Total.
F F	4	M A		l l	V Z		Z A	
Malaria 28 1	2	26 3	5 55	87 219	237 1	28 44	28 43	942
A == 4 la === ==			→ —	1 1				2
Blackwater fever — —	_				. 1	1 —		2
Cerebrospinal meningitis 1 -		4	4 2	1 1		$\overline{2}$ 1	2 4	24
			3 2	1 1		$\overline{1}$ $\overline{1}$	_ i	11
Diphtheria — -	_	1 -	0 4	1 1			1 —	2
Erysipelas — -	_		0	$\frac{-}{10}$ $\frac{-}{1}$	1	4 4	3 —	25
Plague $\dots$ $\overline{}$ -	_	1	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$		. 1	1 1	3 1	15
Puerperal sepsis 3 -	_	Τ	0 1	2 —	. т	$\stackrel{1}{\longrightarrow}$ 3	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	10
Relapsing fever — -	_		$\frac{2}{1}$	1 —	•	— <i>3</i>	2 1	
Scarlet fever	_		1 1					2 2
Tick typhus	_		A				_ 2	
, <u>1</u>	1	2	3 4	2 2		2 5	5 3	32
,,	1			1		1		3
", abdomen — -	_			1		<b>→ →</b>	<b>→ →</b>	1
,, spine — -				1	- ,			1
,, adenitis — -				<u> </u>			<b>→</b> 1	1
,, disseminated 1 -	_	1 -	<del>-</del>		- 1	1		4
Typhoid fever 2	2	4	3 2	5 4	<del>1</del> —	5 3	4 8	42
Тотит 36	16	40 E	55 67	111 231	1 245 1	46 62	48 64	1121
INCIDENCE AND DEATH	_							
INCIDENCE AND DEATH	IVA	T 1770 T		TIFIAD				
		TNT.	o of	No of	Incid		Deaths.	
			o. of	No. of deaths.	per 1		per 1,000 pulation.	
			eases.		popula			
Malaria	• •		942	. 38	15.3		0.619	
			2		0.0	70	0.070	
		• • •	2		0.0		0.032	
Cerebrospinal menin	gitis	S	24		0.3		0.293	
· 1		• • •	11		0.1		0.065	
Erysipelas			2		0.0		0.016	
Dlamia	• • •		25		0.4		0.358	
110500			15	6	0.2	44	0.097	
		• • •		. 0			0.00.	
Puerperal sepsis	• • •	• • •	10		0.1	63	<del></del>	
$egin{array}{ccc}  ext{Puerperal sepsis} &  ext{Relapsing fever} \end{array}$			10			63	— —	
Puerperal sepsis Relapsing fever Scarlet fever	• • •	• • •	10 2 2		0.1	63 32		
Puerperal sepsis Relapsing fever Scarlet fever Tick typhus	• • • •	•••	10 2 2 42	<del></del>	0.1 0.0 0.0	63 32 32		
Puerperal sepsis Relapsing fever Scarlet fever Tick typhus Tuberculosis	• • •	•••	10 2 2 42	— —	0.1 0.0 0.0	63 32 32 85		

COMPARISON OF NOTIFICATIONS OF INFECTIOUS DISEASES FOR 15 YEARS.

	1923	1924	1925	1926	1927	1928	1929	1930	1931	1932	1933	1934	1935	1936	1937
Plague	1	23	00	43	70	26	1	112	51	7		[	-	7	25
Malaria	Z	Notifiable		February,	1930			789	419	826	1071	2102	2500	751	942
Tuberculosis	23	19	44	47	44	19	48	20	54	52	26	20	38	70	42
Enteric fever group	15	12	15	28	53	128	27	56	23	31	24	25	46	37	42
Tropical typhus	2	9	7	2	2	03	4	9	11	4	2	1	2	$\infty$	23
Anthrax	29	9	5	2	5	$\infty$	2	9	7	12	7	2	2	2	23
Cerebrospinal meningitis	18	0	8	7	16	18	9	19	7	2	4	4	14	21	24
Puerperal sepsis	Н	4	1	1	2	$\infty$	16	10	9	2	13	5	$\infty$	4	15
Leprosy	4	4	0	14	9	5	$\vdash$	4	4	$\vdash$	2		1	07	1
Relapsing fever	2	20	46	27	0	4	6	2	2	1	4	8	7	2	10
Ophthalmia neonatorum	1	1	1	1	1	[	-	Н	2	1	$\dashv$	2	٦	1	[
Blackwater fever	Z	otifiab	Notifiable November	ember,	1928	4	1	2	2	2	4	14	14	2	23
Diphtheria	1	9	$\vdash$	5	4	7	4	4	2	10	5	4	4	7	11
Scarlet fever	1	1	1	1	[		1	-	-	1	1	1	Н	1	2
Malta fever	2	5	2	2	5	1	1	1	$\vdash$	$\vdash$	1	$\vdash$	1	Н	1
Beri-beri	1	1	2	[	[		1	[		1	1	1	$\vdash$	1	1
Erysipelas	T T	2	[		1		23	<b>C</b> 3	1	-	7	9	7	$\infty$	23
Smallpox	÷	1		-	9	2	1	[	1	1	1	1	1		1
Trypanosomiasis		1	1	$\vdash$	1	Н	7	$\vdash$		1	2	1	1	1	1
Acute ant. poliomyelitis	1	1	1	1	1	1		1	2	[		-	1	1	1
Encephalitis lethargica	1	1		[	1	1	1	1	$\vdash$	23	1	2	$\vdash$	$\vdash$	1
Glanders		1	1	1	1	1	1		1	1	1	[	1	1	1
Rabies	1	1	[	1	1	1	1	Î	1	[	[	[	1	1	1
Cholera	1	1	1	1	1	1	1	Ţ	1	1	1		1	1	1
												-			

#### 11. INFECTIOUS AND COMMUNICABLE DISEASES.

#### Acute Anterior Poliomyelitis.

No case was reported during the year, only three cases have been previously notified, one in 1934, and two in 1931.

#### ANTHRAX.

Two non-fatal cases were notified among Natives, an average of four cases has occurred annually during the past six years.

#### BERI-BERI.

No case of this condition was noted during the year, four previous cases have been notified, one in 1935, one in 1928, and two in 1925.

#### BLACKWATER FEVER.

Two Asiatic cases were reported, both of which were fatal. Since this disease was made notifiable in 1928, an average of nearly five cases a year has occurred.

#### CEREBROSPINAL MENINGITIS.

Twenty-four cases were notified comprising one European, four Asians, and nineteen Natives. The case mortality was high, eighteen instances having a fatal termination, three deaths occurring among the Asian and fifteen deaths among the Native cases.

For the last three years there has been a slight progressive increase in the cases notified for this condition.

During 1936, there were twenty-one cases with thirteen deaths and, in 1935, there were fourteen cases.

The cases during 1937, were evenly spread over the months with the exception of February when no case occurred.

#### CHICKENPOX, MEASLES, WHOOPING COUGH, MUMPS.

These non-notifiable conditions have been prevalent during the year.

Whooping cough was practically confined to the first half of the year. Chickenpox, although spread over the whole year, was more intense in the first and last quarter.

The incidence of mumps was not severe, but had its greatest intensity in the first quarter. Measles occurred regularly throughout the year with the greatest number of cases in March and October.

Judging by admissions to hospital, none of these conditions were so frequent as in the previous year.

Measles were responsible for the deaths of three Indians and two Natives, whilst one death, that of a Native, was attributed to whooping cough.

No fatal cases of chickenpox or mumps were registered.

#### CHOLERA.

There is no record that this disease has occurred in Nairobi.

#### DIPHTHERIA.

There was an increase in the number of diphtheria notifications during 1937, eleven cases being reported among two Europeans and nine Asians, four of the Asian cases having a fatal termination. During 1936, there were seven Asian cases with two deaths.

The disease did not occur in epidemic form, but spread over eight months of the year.

The average number of cases annually for the past fifteen years has been nearly five.

#### DYSENTERY.

No indication can be given as to the incidence of this disease as it is not notifiable, but judging by the number of deaths during the year from this condition, it may be assumed to have been more prevalent than in 1936.

Sixteen deaths were recorded among two Indians, twelve Natives, and two Somalis, compared with five deaths recorded in 1936.

#### ENCEPHALITIS LETHARGICA.

No case was reported. Eight cases have been previously notified, one in 1936, one in 1935, three in 1934, two in 1932, and one in 1931.

#### ENTERIC FEVER GROUP.

There was a slight increase in the notification from this condition, forty-two cases being reported, against thirty-seven in 1936.

The forty-two cases comprised one European, twenty-one Indians, two Goans, and eighteen Natives. Nine of these cases, namely, one European, three Indian, one Goan, and four Native, had a fatal termination. The disease did not assume epidemic proportions, but was fairly evenly spread over the months with the exception of December when there were eight cases and August when there were no cases.

#### ERYSIPELAS.

Two Indian cases of erysipelas were notified with one death. During the previous three years, six, seven, and eight cases were notified respectively.

#### GLANDERS, RABIES.

Neither of these diseases have yet been reported in Nairobi.

#### LEPROSY.

No case was reported during the year although one Native death was recorded from this disease.

#### MALTA FEVER.

No case was reported during the year.

#### MALARIA.

Detailed information regarding this disease is given under a separate section of this report.

#### OPHTHALMIA NEONATORUM.

No cases were reported during 1937.

#### PLAGUE.

This disease is discussed under a separate section of this report.

#### PNEUMONIA.

This disease is not notifiable so it is only possible to judge the severity of the incidence in relation to deaths.

During 1937, pneumonia was responsible for 301 deaths and bronchopneumonia for 136 deaths, a total of 437. This total shows a marked increase over the total for 1936, when the number was 326.

The percentage of deaths from the pneumonias to total deaths during the year amounted to 42.0 per cent, the highest for some years. The comparative figures for the previous five years were 40.9 per cent, 36.9 per cent, 39.5 per cent, 34.1 per cent, and 36.1 per cent.

Of the 437 deaths from this condition, 118 deaths were of infants under one year of age.

The annual death rate for the pneumonias per thousand of population for all races, during 1937, was 7.1 compared with 6.5 for 1936; it is interesting to note the difference in the rates for the several communities, European 0.3, Asian 4.5, Native 9.3. These figures would appear to indicate that housing is in some way partly responsible for the condition.

## Puerperal Sepsis.

Fifteen Indian cases of puerperal sepsis with five deaths were notified compared with four Indian cases with one death during the previous year.

Although more cases were notified than in 1936, this obviously does not represent a true picture of the incidence of this disease. As mentioned in the last report, it may be advisable to institute some scheme whereby the maternal condition during the puerperium can be more closely followed.

#### RELAPSING FEVER.

One Indian case and nine Native cases were reported with no deaths. These cases occurred during the second and last quarters of the year. This is the largest number of cases reported in one year since 1926, when there were twenty-seven cases.

#### SCARLET FEVER.

Two European cases, one each in April and May were recorded. Only four cases have been notified during the previous nine years.

#### TICK TYPHUS.

Two European cases were recorded during December. Over the previous five years, four cases have been reported annually.

TUBERCULOSIS.

Tuberculosis of all forms was notified in forty-two instances during the year, thirty-two of these referred to the pulmonary variety and the remaining ten to forms other than pulmonary.

Of the pulmonary manifestations, no Europeans were notified, although one death was recorded. Seven Indians were notified with one Goan death, twenty-four Natives and one Chinese case were notified with twenty Native deaths.

Of the manifestations other than pulmonary, three were Native meningitis cases, one was a Native peritonitis fatal case and one each were non-fatal Native cases of spine and adenitis, together with four Native fatal cases of disseminated tuberculosis.

The incidence rate for all forms of notified tuberculosis equalled 0.68 per thousand population compared with 1.40 during 1936.

The death rate for this disease was 0.48 per thousand population compared with 0.32 for 1936.

#### 12. ADMISSIONS TO HOSPITAL.

The following details are of patients resident in the Municipality admitted to each of the three institutions available, namely, European Hospital, Native Hospital, and Infectious Diseases Hospital for infectious or communicable diseases requiring segregation for the public welfare.

These institutions are conducted by the Government but the Municipality is responsible for patients from the Municipality to the extent of payment for treatment.

The admissions during 1937 were considerably less than the previous year, being 266 compared with 524, whilst the total patient days decreased from 9,765 to 7,372.

During 1935 and 1934, the patient days totalled 7,882 and 7,920 respectively.

The patient days for tuberculosis, namely, 3,418, were slightly less than in 1936, although during that year they more than doubled themselves.

The patient days for chickenpox and measles totalled 848 and 668 compared with 950 and 1,478 during the previous year.

The days in hospital on account of leprosy decreased from 1,378 to 884.

Typhoid fever was also responsible for fewer patient days than in 1936, namely 453 against 617.

The days for mumps and whooping cough were less than last year although increases were registered for cerebrospinal meningitis, anthrax, and plague, whilst relapsing fever increased from 55 to 102.

Only 16 patient days were recorded for tick typhus and 57 days for skin conditions.

The following tables give the details of admissions, patient days, and seasonal incidence of the diseases for the races in the hospitals concerned:—

EUROPEAN HOSPITAL.

Month.		Admissions. Patient days.							
January		• • •			_				
February			1		7				
$\operatorname{March}$			<b>→</b>						
$\operatorname{April} \ldots$		• • •							
${f May}$		• • •							
June									
July									
$\mathbf{A}\mathbf{u}\mathbf{g}\mathbf{u}\mathbf{s}\mathbf{t}$		•••		• • •					
September		• • •		• • •					
$\overline{\text{October}}$	• • •	• • •	<b>→</b>						
$\mathbf{November}$		• • •	1		3				
December		• • •	1		13				
TOTAL	•••		3	•••	23				

#### NATIVE HOSPITAL.

			Patient days.			Patient days.			Patient days.
January	•••			• • •	1	97		1	97
February					6	133		6	133
March					7	254		7	254
April	• • •				4	188		4	188
$\overline{\mathrm{May}}$		1	3		4	65		5	68
June					2	58		2	58
$\mathbf{J}$ uly		1	7		5	<b>7</b> 5		6	82
August		<del></del>			2	91		2	91
September					2	64		2	64
October					13	170		13	170
${f November}$					13	159		13	159
December	•••	2	8	•••	7	215	•••	9	223
TOTAL		4	18		66	1569		70	1587

#### INFECTIOUS DISEASES HOSPITAL.

		WHITE.			ASIATIC.			NAT	CIVE.		Total.		
		Admissions.	Patient days.			Patient days.		Admis-	Patient days.			Patient days.	
January								22	705		22	705	
February		1	8					14	547	• • •	15	555	
March	• • •	*4	69		2	22	• • •	24	631		30	722	
April		1	11		_	30		17	542	• • •	18	583	
May	• • •		_			23		9	425		9	448	
June							• • •	17	414		17	414	
$\mathbf{J}$ uly					—		• • •	15	382		15	382	
August	• • •			• • •		<u> </u>		9	334	• • •	9	334	
Sept.					5	12		10	345		15	357	
October			<b>→</b>				• • •	13	381		13	381	
November							• • •	23	417		23	417	
December			_	• • •		—	• • •	7	464		7	464	
TOTAL		6	88		7	87		180	5587	•••	193	5762	

<sup>\*</sup> Seychellois 4. Admissions 69 days.

#### MUNICIPAL PATIENTS—SUMMARY.

Hospital.	Admis-	Patient days.		ATIC. Patient days.	Admis-	Patient days.	Admis-	Patient days.
European	3	23	 		 **************************************		 3	23
Native			 4	18	 66	1569	 70	1587
Inf. disease		88	 7	87	 180	5587	 193	5762
TOTAL	8	111	 11	105	 246	7156	 266	7372

#### MUNICIPAL PATIENT DAYS BY RACES.

		White.	Asiatic.		Native.		Total.
Leprosy			 		884	• • •	884
Tuberculosis		7	 69		3342		3418
Anthrax			 —		136		136
Whooping cough			 		104		104
Mumps			 _		309		309
Measles		8	 _		668		676
Chickenpox		69	 9		770	• • .	848
Cerebrospinal mening	itis	11	 8		215		234
Plague			 12		123		135
Eczema			 		14		14
Scabies		_	 Access with		43		43
Typhoid fever		_	 7		446		453
Tropical typhus		16	 				16
Relapsing fever		_	 _		102		102
Total		111	 105	• • •	7156		7372

#### MUNICIPAL PATIENT DAYS BY MONTHS.

		January.	February.	March.	April.	May.	June.	July.	August.	September.	October.	November.	December.	Total.
Leprosy		124	112	93	89	69	60	62	62	60	62	60	31	884
Tuberculosis		294	386	427	404	371	208	197	226	188	241	194	282	3418
Anthrax		13					4	62	34	23	—		—	136
Whooping cough		69	9		10	1	15				_			104
Mumps		45	58	60	34		6	28	6			55	17	309
Measles		85	30	156	77	49	62	47	48	32	66	12	12	676
Chickenpox		110	65	128	68	23	95	15	2	22	63	114	143	848
Cerebrospinal menin	giti	s 31	28		11	—		4	1	_	24	69	66	234
Plague	• • •	_	_			—	1	2	12	76	34	10	_	135
Eczema						_	_	1	6	7	-			14
Scabies							_	4	26	13	alpa promotino.	_		43
Typhoid fever		31	7	112	56	3	21	42	2	—	32	46	101	453
Tick typhus						_	—		—	—	—	3	13	16
Relapsing fever	• • •	_	_	_	22	_			_		29	16	35	102
Total	• • •	802	695	976	771	516	472	464	425	421	551	579	700	7372

#### 13. PLAGUE.

Human plague occurred within the Municipality to the extent of 25 cases, mostly during the latter half of the year.

The first two cases were in April, and as there were indications of the infection spreading, wholesale inoculations were performed to the extent of 32,000.

All the cases were confirmed bacteriologically and the usual precautions of intensive rat catching, isolation of contacts, cleansing of premises, etc., were carried out in each instance.

Of the 25 cases, only three recovered; thus the case mortality was 88.0%.

The outbreak was characterised by the sporadic nature of the infection. Three of the cases had no fixed abode and the remaining 22 cases were spread over no less than seven different localities. Only in one instance was more than one case located in the same house.

A short summary of the cases is given below:—

Case No.	Date.	Race.	Location.	Result.
1.	April 8th	Native	No fixed abode	Died
2. 3.	April 8th	$\operatorname{Indian}$	River Road .	Died
3.	June 10th	Indian	Canal Road	$\operatorname{Died}$
4.	June 16th	Native	No fixed abode	$\operatorname{Died}$
5.	June 19th	$\mathbf{Native}$	Pangani	$\operatorname{Died}$
6.	June 19th	$\mathbf{Native}$	Pangani	$\operatorname{Died}$
7.	June 19th	Native	Pangani	$\operatorname{Died}$
8.	June 19th	$\mathbf{Native}$	Pangani	Died
8. 9.	June 23rd	$\mathbf{Native}$	Pangani	Died
10.	June 24th	$\operatorname{Indian}$	Bazaar	$\operatorname{Died}$
11.	June 24th	Native	Pangani	Died
12.	June 28th	$\mathbf{Native}$	Pumwani	$\operatorname{Died}$
13.	July 30th	Native	Pumwani	Died
14.	August 30th	Native	Municipal Housing	$\operatorname{Recovered}$
15.	September 3rd	Native	Pumwani	Recovered
16.	September 4th	Native	Bazaar	$\operatorname{Died}$
17.	September 14th	Indian	Bazaar	Died
18.	September 23rd	Native	Pumwani	Died
19.	October 2nd	Native	Pumwani	$\operatorname{Recovered}$
20.	October 12th	Indian	Parklands	Died
21.	October 22nd	Native	No fixed abode	Died
22.	October 23rd	Native	Pumwani	Died
23.	November 6th	Native	Pumwani	Died
24.	November 19th	Native	Pumwani	Died
25.	November 19th	Native	Pumwani	Died

Cases numbered 7, 8 and 9 were presumed to have acquired their infection within the native location of Pangani but died outside the Municipality.

Cases numbered 13 and 14 only arrived in Nairobi a few days before symptoms appeared and might have acquired their infection outside.

Plague has been prevalent in the reserves in the neighbourhood of Nairobi and the frequent service of native motor buses tends to the spread of the disease in the towns served as it is common for a native feeling ill to board a bus and come to Nairobi for treatment.

The last epidemic of plague commenced in 1930 when there were 112 cases. This epidemic lasted through 1931 with 51 cases into 1932 with seven cases.

During 1935 there was one case only, whilst during 1936, seven occurred sporadically throughout the Municipality.

### 14. MALARIA.

Malaria was made notifiable during February, 1930. During 1937, 1,235 cases were notified, 1,025 being residents and 210 non-residents, as compared with 1,000 cases notified during 1936. Of these 902 were residents and 98 non-residents.

MALARIA NOTIFICATIONS.

Month.	White		ident. e.Native.	Tota	l	White	Non-Ri Asiatic	esident. Native.	Tota	1.	TOTAL.
January	 4	24	8	36		4		-	4		40
February	 3	12	5	20		1	2	1	4		24
March	 	22	8	30		—	3	2	5		35
April	 2	25	19	46		3	2		5		51
May	 3	47	7	57		1	2		3		60
June	 7	57	26	90		5	1	6	12		102
July	 7	115	108	230		5	7	28	40		270
August	 14	121	117	252		17	11	51	79		331
September	 3	66	66	135		3		15	18		153
October	 4	31	17	52		1	3	6	10		62
November	 	15	13	28			1	21	22		50
December	 11	25	13	49		7	1	-	8	• • •	57
TOTAL	 58	560	407	1025		47	33	130	210	•••	1235

LOCALLY ACQUIRED INFECTIONS.

Month.	V	Vhite	•	Asiatic.		Native.		TOTAL.
January		4		23		1		28
February		1		11				12
March				22		4		26
April				24		11		35
May		3		46		6	• • •	55
June		5		57		25		87
July		5		111		103		219
August		6	• • •	116		115		237
September		2	• • •	65		61		128.
October		2		27		15		44
November		***************************************		15		13		28
December		7	=	23		13		43
TOTAL		35		540		367	•••	942

The seasonal incidence of the locally acquired infections as shown by the above figures shows a decrease in February with a gradual rise until May and then a rapid rise to a peak in August, followed by a slight fall in September and then a steep fall to the end of the year.

The curve thus shown follows the rainfall curve with an interval of two months. The rainfall graph has its peak in April, keeps high in May, then falls steeply until the short rains of October, November, and December. The incidence in December indicates a small rise.

# INCIDENCE OF NOTIFIED MALARIA PER 1,000 PERSONS.

Race.	7	1931.	1932.	1933.	1934.	1935.	1936.	1937.
White Asiatic Native		 13.9 10.87 6.73	13.81 7.41 24.20	8.18 15.36 29.66	17.40 77.32 24.81	26.58 101.50 59.92	10.53 34.0 10.67	5.83 31.21 9.65
All ra	ces	 8.81	17.64	22.60	40.57	69.93	18.04	15.36

The following tables present an analysis of the notified cases of malaria. The diagnosis of all the notified cases, with the exception of those termed "Clinical" has been supported by laboratory evidence.

In the case of those termed "Clinical," the laboratory finding was either absent or negative and evidence was produced that reasonable care had been taken in diagnosis.

Endeavour has been made since the inception of the notification of malaria to classify each case according to the location of the probable source of infection.

All the cases are placed in one of the following categories:—

- 1. Nairobi. More or less conclusive evidence of infection taking place within the Muncipality.
- 2. Ex Nairobi. Evidence of infection taking place outside the Municipality.
- 3. Doubtful. Cases not falling into the previous categories or in which no definite information could be obtained.

# PROBABLE SOURCE OF INFECTION.

Source of				Numb	ER OF (	CASES.			
infection		1931	1932	1933	1934	1935	1936	1937	
Nairobi	 	79	243	865	1924	3281	751	942	
Ex Nairobi	 	133	214	184	169	219	151	83	
Doubtful	 	208	379	22	9		<u></u>	_	
Total	 	420	836	1071	2102	3500	902	1025	

Source of					Percenta	GE.		
infection.		1931	1932	1933	1934	1935	1936	1937
Nairobi		18.8	29.1	80.8	91.5	93.7	83.3	91.9
Ex Nairobi		31.7	25.6	17.2	8.1	6.3	16.7	8.1
Doubtful	• • •	49.5	45.3	2.0	.04	_		
Total	• • •	100.0	100.0	100.0	100.0	100.0	100.0	100.0

The percentage of locally acquired infection is higher than in 1936 and the percentage of infection acquired outside the Municipality has decreased accordingly.

Once again there are no doubtful records.

Classification of the recorded cases according to the type of infection and the probable source is set out below:—

TYPE OF INFECTION AND PROBABLE SOURCE.

Probable source.			Clinical.	,	Benign tertian			n.	Sub- tertian.		Double fection	Total cases.
Nairobi			32		46		6		858		5	 942
Ex Nairobi			2		4		4		<b>7</b> 3			 83
Doubtful	• • •	• • •	—	• • •		• • •	—	• • •		• • •		 _
Total residen	nts		34		50	• • •	10	•••	931		5	 1025
Total non-re	eside	nts	4	• • •	9	• • •	4		197	• • •	4	210
TOTAL		• • •	38	• • •	59		14		1128	• • •	9	 1235

# PERCENTAGE OF TYPES OF INFECTIONS.

Type.		]	Nairobi.	Ez	x Nairobi	i. No	n-reside	ent.	Percentage total cases.
Clinical		• • •	3.4	• • •	2.4		1.9		3.1
Benign tertian			4.8	• • •	4.8		4.3		4.7
Quartan	Ŧ	• • •	0.6		4.8		1.4		1.1
Sub-tertian		• • •	91.1		87.9	• • •	92.3		90.9

For 1937, the sub-tertian infections represents the major portion of the total cases. During the year this figure was 90.9% compared with 80.0% for 1936.

The benign tertian rate for Nairobi, 4.8% shows a considerable decrease compared with the figure for 1936 of 16.9%.

Quartan infection also shows a decrease from 2.9% for 1936 to 0.6% during 1937.

The clinical cases remain almost constant.

In non-resident cases, the sub-tertian rate shows an increase from 87.9% to 92.3% at the expense of the other types.

For comparative purposes and for the purpose of this report, the Municipality has been divided into ten districts, the names of these districts being sufficient to indicate their position.

The following table indicates the number of cases of malaria notified from each of the under-mentioned districts.

# NAIROBI INFECTIONS.

District.	1931	N 1932	umber 1933	of cases 1934	s notifie 1935	ed. 1936	1937
2. Muthaiga 3. Westlands 4. Parklands 5. Forest Road 6. Racecourse Road 7. Eastleigh 8. Kilimani 9. Hill	— — — — — — — — — — — — — — — — — —	1 1 9 14 42 8 10 23 134	3 8 	4 21 3 47 266 137 36 12 113 1285	5 17 11 56 458 499 108 24 100 2103	4 1 17 141 98 11 2 19 457	1 2  31 129 118 51 7 41 562
Total	79	243	865	1924	3381	751	942

Once again we repeat the statement that the Nairobi Swamp is a continual source of danger to the community.

The close settlement in the area contiguous to the swamp is in the unhappy position of having the greatest number of malarial cases.

Double infections were recorded in nine instances during 1937, one of the double infections being sub-tertian and quartan and the remainder sub-tertian and benign tertian.

It is of interest to note that all these cases were contracted outside the Municipality during the months of August to November.

The mortality rate of the cases notified reached a figure of 3.4% compared with 4.6% for 1936.

The death rate from malaria per thousand population during 1937 was 0.61, compared with 0.64 in 1936.

Details of deaths from malaria for a number of years will be found hereunder.

Two fatal Asian cases of blackwater fever were recorded during the year, one during the month of August and one during October.

DEATHS FROM MALARIA AND RATES FOR 19 YEARS.

			`
Year.	number of deaths.		Death rate per 1,000
1919 1920 1921 1922	47 37 22 29	•••	  
1923 1924 1925	28 32 19	•••	
1926 1927 1928	130 25 27 27	• • •	1.1 0.60 0.56
1929 1930 1931 1932	39 17 20	• • •	0.82 0.35 0.42
1933 1934 1935	24 32 58	•••	0.50 0.67 1.15
1936 1937	32	•••	0.64 0.61

# 15. ANTI-MALARIAL WORKS.

As a routine the whole length of the concrete anti-malarial canals and newly constructed drains were inspected at frequent intervals, cleaning and repairing taking place when and where necessary.

Several large sections of the canal in the City Park were damaged during the heavy rains from May to June, and these have now been repaired.

The Ngong stream from the Municipal boundary by the railway quarries to the junction of the concrete canal was cleared, banks being cut and repaired.

The Nairobi River was given attention by cutting and clearing the bed of silt, and recutting of the Getathuru River was carried out from the junction of the Mathari upstream to the Limuru Road bridge.

Mathari River was cleared, the banks cut and repaired from the Mathari Hospital to a point beyond the Limuru Road bridge.

Cutting, re-strengthening, and repairing of the banks and cleaning the stream, which originates in the Upper Hill Estate crossing Ngong Road to join the Ngong River, was necessitated after the heavy rains experienced.

Several small swamps and seepages were drained and kept clean of grass to facilitate oiling.

The drains and auxilliary drains in Spring Valley Estate, between Lower Kabete and Marlborough Roads required constant attention owing to the nature of the black cotton soil through which they are cut. It is hoped that these drains will be concreted in the future.

The recreation ground drains, at Westlands, were also cleared and re-cut. Numerous murrum pits were filled in in various parts of the Municipal area.

The streams on either side of Chiromo were cut and cleared of grass and bush, the banks repaired, and the stream bed cleared.

The Kirichwa Kubwa stream was constantly oiled as cleaning this stream would be too big an undertaking owing to the rocky formation of its bed. Cattle here have done much damage by breaking earth banks and causing muddy pools.

The anti-malarial gang was also employed from time to time cutting and clearing vacant plots of bush and long grass.

#### OILING.

During the year a total of 9,943 gallons of oil mixture was used in the endeavour to control mosquito breeding places.

Towards the end of the year, the oiling gang worked in direct conjunction with the searchers.

6,491 breeding and potential breeding places were dealt with.

A total of 600 gallons of spraying fluid for killing adult mosquitoes was issued.

The lorry used in connection with the anti-malaria work travelled 9,816 miles during the year. This lorry is also utilised for transporting by-products from the abattoir to the station.

### 16. LABORATORY.

During the year the decision of the Council to make further efforts in the control of malaria was given effect to, an anti-malaria officer was appointed, native staff employed, and a laboratory established on the top floor of the Town Hall.

The anti-malaria officer, who had had previous training, was kindly given further instruction by the Government Medical Department both at the Medical Laboratories and at their stations at Kisumu and Kakamega.

The native staff, comprising six searchers, was trained at the Government Medical Laboratories.

The staff thus trained commenced duties during the middle of August at the headquarters established in the Town Hall.

In addition to the searchers mentioned above, the anti-malaria officer has control over six oiling boys, a labour gang of 20 boys, and also three gangs of three boys employed in the cleaning of roadside drains.

A resumé of the work performed at the laboratory will be found hereunder as well as in the section "Malaria," whilst the field work will be found recorded in the sections "Anti-malarial Works" and "Anti-malarial Measures."

The undermentioned mosquitoes have been recorded in Nairobi:-

### Anopheles:

Anopheles gambiae (costalis).

- , mauritianus.
- ., cinereus.
- " christyi.
- " squamosus.
- " pretoriensis.
- " pharoensis.
- " maculipalpis.
- ., demeilloni.

### AEDES:

Aedes (Stegomyia) aegypti.

- (Mucidus) scatafagoides.
- ,, (Aedimorphus) hirsutus.
- " quasiunivittatus.
- dentatus.
- ,, liniatopennis.
- ,, lamborni.
- " haworthi.
- .. .. cumminsi.
- " argenteopunctatus.
- .. ,, pulchrithorax sp. Nov.

#### CULEX:

Culex (Neoculex) rubinotus.

- " " salisburyensis.
- ,, (Lutzia) tigripes.
- " (Culex) pipiens.
- ,, ,, fatigans.
- " vansomereni.
- " pallidocephalus.
- " " bitaeniorhyncus.
- " duttoni.
- " decens.
- ., , grahami.
- " univittatus.
- " simpsoni.
- " " trifilatus.
- ., theileri.
- ,, annulioris.

Two Culex species unknown.

A number of adult mosquitoes were bred for exhibition purposes. They were duly named and mounted, also a type series of larvae were prepared.

Experiments were conducted with fish as a larvicide, the fish used being Barbus nairobiensis and percivali. Both varieties were found to take larvae readily.

Experiments were also conducted on the effect as a larvicide of a mixture of pyrethrum paraffin and soap so as not to injure plants or fish in artificial ponds. It is hoped to continue these experiments in 1938,

In the field a series of experiments were conducted on the quarry sites to estimate the value of using weighted oiled sacks in connection with oiling. This method proved to be satisfactory when dealing with deep quarry holes.

Meteorological instruments were read daily and the results recorded.

On three occasions adult mosquito surveys were made and the catches examined and identified.

Routine examination and identification of the larvae brought in by the searchers is made and recorded.

The following figures indicate the number of larvae submitted and examined:—

Total		 	6,132
December	• • •	 	1,147
November		 	1,637
October		 	1,239
September		 	2,109

During the year a new specimen of Aedes was discovered from the City Park breeding in tree holes by the Medical Laboratory staff, and named Aedes finlaya pulchrithorax. This new species was soon afterwards taken by our searchers and bred out in our laboratory.

Two species of Culex larvae were collected, apparently hitherto unknown. Further work is being conducted regarding the breeding out and identification of these specimens.

From the month of October a percentage of the daily rat catch has been examined for *B. pestis*, with the following results:—

Month.		Rat	s examir	red. Ra	ts positive.
October			233	•••	
November			176	•••	2
December	• • •		236	•••	1
Total	• • •	• • •	645	•••	3

It was noted that none of the trapped rats were positive. The three positive rats were found dead by the rat gang.

NUMBER OF BREEDING PLACES IN RELATION TO SECTIONS.

Sectio	n.	August.	S	eptembe	er.	October.	N	ovember.	. I	ecember.		Total.
1		15		17		9		18		13 .		72
2		12		22		24		31		22 .	••	111
3	• • •	9		22		2		15	• • •	10 .	••	58
4		2		2		5		28		4 .	• •	41
5	•••	—		16		5		<b>2</b> 6		16 .		63
б		19	• • •	16		13		26		30 .		104
7				5		12		35	• • •	15 .		67
8		_		10		6		38	• • •	19 .		73
9		8		9		22		24		9 .	••	72
.10		2		8		3		12		25 .		50
11		12		49		8		20		21 .		110
12	• • •	8		11		14		11		9 .		53
13		_		12		8				<del></del> .		20
14				10		15	• • •	16	•••	17		58
15		1		1		6		10		10 .		28
16		31		29		26		44		30 .		160
17		24		18		14	• • •	18		49 .		123
18		3		9		8		3		60 .		83
19						7		13		29 .		49
20				12	• • •	1		22	• • •	16 .	• • •	51
21				12		9		18	• • •	3 .	• • •	42
22		7		13		9		16	•	10 .		55
23			• • •		• • •			_				
24	•••		• • •	6	• • •	14	•••	30	•••	8 .	• • •	58
Tot	al	153	•••	309		240	•••	474	• • •	425 .		1601
Rainfall.	ins.	0.16		0.22	•••	5.58		6.09		2.32		

NUMBER AND TYPES OF BREEDING PLACES.

		August.		Septembe	1'.	October.	N	lovember.	J	December.		Тотац.
Drains		15		55		41		99		101		311
Road drains .		15		12		16		63		62		168
Rainpools		17		9		9		101		88		224
Tilmen of atmospher		49		100		71		54		8		282
Quarries		2		9		10		19		16		56
Murrum pits .		3		4		15		47		61		130
D		3		8		6		9		21		47
Irrigation channels		28		39		21		30		9		127
The state of the s		8		15		16		9		10		58
C. vomina		1		9		7		7		19		43
Dool- wools		3		16		3		16		10		48
Character and				2		10		5 -		5		22
Compared		2		15				2		4		23
Concrete containers	S	5		12		10		9		5		41
Domestic utensils .		2		4		3		3		, 4		16
Othona		_	• • •	—		2		1		2	• • •	5
Total	• • •	153	•••	309		240	• • •	474		425	• • •	1601

### RECORD OF ANOPHELES BREEDING.

					costal						nophel		
		Aug.	Sept.	Oct.	Nov.	Dec.	Total.	Aug.	Sept.	Oct.	Nov.	Dec.	Total.
Drains		3	5	4	6	9	27 .	 22	37	12	18	23	112
Road drains			2	1			3.	 	9	7	9	11	36
Rainpools		1		—	_	1	2 .	 10	8	1	10	15	44
CI.		4	14	5	1		24 .	 32	62	37	21	2	154
Quarries			4				4 .	 2	5	5	2	4	18
Murrum pits			2	3	1		6.	 3	5	5	9	12	34
D								 2	6	2		2	12
Irrigation channe	els	9	3		2	1	15 .	 20	30	2	7	3	62
T ' '		5	6	6		3	20 .	 11	16	14	6	10	57
T) 1 1			4			1	5.	 3	11	2	3	4	23
Classics and				1			1 .	 	2	7		2	11
0		1	1				2 .	 2	10		1	_	13
Carro				1			1 .	 1	4			-	5
Concrete containe		_	—	—		—	— .	 2	7	3			12
TOTAL		23	41	21	10	15	110 .	 110	212	97	86	88	593

# Anopheles Breeding Rate.

In the 1,601 breeding places mentioned, anotheles were identified in 599 instances representing 37.4%, Culex in 782 or 48.9%, and Aedes in 220 or 13.7%.

The A. costalis rate in relation to total breeding places was 15.0% whilst the A. costalis rate in relation to total anopheles breeding places works out at 20.9%.

### 17. ANTI-MALARIAL MEASURES.

The six mosquito searchers were employed mostly in larvae collection in the municipal area whilst a few adult mosquito searches were made during August and early September.

For the purpose of routine searches the Municipality has been divided into 24 sections, the sections being described hereunder. Each day two or three of the sections are assigned to the searchers who make as thorough a search as possible during the morning hours.

Two searchers are detailed to a section, each searcher taking half and being in possession of a map of the section. All breeding places and potential breeding places are carefully searched and the larvae found placed in jars and brought to the laboratory for identification. The searchers return about mid-day to the laboratory where the larvae are prepared for examination.

The following day one of the searchers revisits a given section with the oiling gang in order to show the oilers where the breeding places are and checks the places oiled on the map.

From September to the end of the year 238 sections were thus searched and oiled.

Month.			Sections searched.		Sections breeding.
September	• • •	• • •	60		52
October			67		61
November			60		59
December	• • •	• • •	51		50
Total	•••	•••	238	•••	222

### SECTIONS OF MUNICIPALITY.

The following description will be sufficient to describe the area of the sections as used by the searchers.

- 1. Burnbrae—Thompson's Estate.
- 2. L.R.2, Kilimani Estate.
- 3. L.R.1, Upper Hill Estate.
- 4. Nairobi Hill.
- 5. Lower Nairobi Hill to Railway by Post Office.
- 6. South of Whitehouse Road from the Native Hospital to the railway line.
- 7. L.R.37/R. and L.R.987/R.
- 8. Railway Workshops, P.W.D. yards, Prison and the Quarries.
- 9. City Park.
- 10. Hospital Hill and Education Reserve.
- 11. Government House grounds and the Aboretum to Chiromo.
- 12. L.R.205, 475, 4875, west of Ring Road.
- 13. "A" south of Upper Parklands and south of Sclaters Road.
- 14. "B" residential area opposite the Prince of Wales School.
- 15. L.R.1870, Upper Parklands Estate between Sclaters and Lower Kabete Roads.
- 16. Westlands and Ainsworth Hill.
- 17. The Nairobi Swamp between River and Ngara Roads.
- 18. Pumwani Native Location, continuation of the Swamp.
- 19. Racecourse area to Mathari.
- 20. Asian residential area south of Forest Road.
- 21. Parklands.
- 22. Muthaiga.
- 23. Muthaiga, including the Muthaiga Golf Course.
- 24. South of Ngong Road from Forest Reserve to the Native Hospital.

Following is a table showing the relation between the ten districts mentioned under "Malaria" and the Malarial Control Sections, also the number of notified cases of malaria and the number of breeding places dealt with.

Notification sections.	No.	Malaria Control sections.		Cases of malaria.	Ē	Breeding places dealt with.
Upper Parklands	 1	 10, 12, 14		1		131
Muthaiga	 2	 21 and 22		2		97
Westlands	 3	 12, 13, 14		***************************************		131
Parklands	 4	 9, 15, 20, 22		31		206
Forest Road	 5	 9, 18, 19, 22		137		259
Racecourse Road	 6	 16, 17, 18		114		366
Eastleigh	 7	 17 and 18		51		206
Kilimani	 8	 3 and 4		7		99
Hill	 9	 5, 10, 11		41		223
Commercial	 10	 16, 17, 19	• • •	562	• • •	332

It will be noted that Section 10, the area contiguous to the Nairobi Swamp, has the greatest number of cases and the second highest breeding rate, due to the conditions prevailing.

### 18. RODENT DESTRUCTION.

Routine rat trapping was carried out as in former years, the rat gang consisting of six boys working under the direction of the sanitary inspectors within the commercial area.

The Railway Administration provides its own gang which operates on railway premises and land.

The number of rats destroyed by the Municipality totalled 30,197 compared with 25,337 killed during 1936.

The Railway gang accounted for 11,085 rats, compared with 7,522 for the previous year.

The total number of rats destroyed, namely, 41,282, constitutes a record.

Twenty rats which had been found dead were sent to the laboratory for examination and twelve were found positive to *B. pestis*.

From October, a percentage of the daily rat catch was examined at our own laboratory. During the last three months of the year, 645 rats were examined and three found positive.

RATS TRAPPED.

Month.		Municipal gang.	Railway gang.		Total.
January		 2,430	 611		3,041
February		 2,345	 617		2,962
March		 1,531	 553		2,084
April		 3,164	 652		3,816
May		 2,137	 590		2,727
June		 2,588	 717		3,305
July		 2,748	 1,696		4,444
August		 2,626	 1,157		3,783
September		 2,702	 1,121		3,823
October		 2,819	 1,046		3,865
November		 2,437	 1,427		3,864
December		 2,670	 898	• • •	3,568
TOTAL	- • •	 30,197	 11,085		41,282

### 19. NATIVE BURIALS.

The administration of the burial of pagan natives, including the cemetery is in the hands of the Public Health Department as is the control of the Public Mortuary.

The unsuitability of the soil for burial purposes of the former burial ground on the plains had been repeatedly stressed and the Council selected the site for a new burial ground just outside the Municipal border off the road to the civil aerodrome. The soil on this new site is eminently suitable being red soil on a gentle slope. The first interment took place on September 27th.

### 20. CREMATORIUM.

Memoranda on the subject of the advisability of erecting a modern crematorium within the Municipality have been submitted and the matter is still receiving the consideration of the Council. The site suggested is in the grounds of the City Park, whilst electricity has been suggested as the power to be used in connection with the furnace.

### 21. WATER SUPPLY.

During the early part of the year and again during September and December, a serious water shortage was experienced, the Kikuyu supply being about 150,000 gallons short of the normal daily requirements, but the anxious times were successfully tided over by imposing restrictions and withdrawing the minimum charge as well as by specially checking all possible sources of waste.

The quantity of water delivered from the Kikuyu supply totalled 427,843,800 gallons, equalling a daily average of 1,172,174 gallons, the average daily consumption being 1,144,550 gallons.

The estimated consumption per head per day amounted to 18.67 gallons, this low figure being mainly due to the restrictions imposed during the periods of shortage.

Frequent bacteriological examination of the water showed that the general satisfactory quality of the supply was maintained.

The pipe line of over 93,000 feet which crosses 38 rivers and swamps, in connection with the new Ruiru supply, has been laid and the new 1,000,000 gallon tank and treatment works are in course of construction.

#### 22. HOUSING.

The question of housing both Asians and Natives in the town is becoming a serious problem. The building of the necessary accommodation is not proceeding at a rapid enough rate, with the consequence that overcrowding is rife and cannot be dealt with as energetically as could be desired.

In many instances one is faced with the necessity of taking little or no action in cases of overcrowding knowing that, if action is taken, it will simply mean the transference of the overcrowding to other places. These remarks apply in particular to contractor's camps.

Provided sufficient accommodation for natives were available many more condemnations of unsuitable dwellings could be carried out. A certain

number of houses have been demolished in the village of Pangani, the complete demolition of the village remaining in abeyance until sufficient houses are built in the new native location to the south of Pumwani. At present 175 houses are being erected, but it is to be hoped that the number of houses to be built will not cease at the number required for the accommodation of the Pangani natives.

Among the Asian community, overcrowding and general insanitary conditions are common and the above remarks apply as there is a shortage of suitable accommodation at reasonable rents, especially in regard to the poorer type of Indian.

A housing scheme for the poorer type of Indian would reduce both overcrowding and insanitary conditions considerably.

### 23. NEW BUILDINGS.

A further increase in the number of plans of new buildings and alterations to buildings is recorded for the year under review.

396 plans were submitted of which a considerable proportion required further scrutiny following necessary amendments.

Inspections of works in progress numbered 1939 and a total of 224 certificates of completion were issued.

The practice of occupying new buildings before they have been certified as fit for occupation appears to be decreasing, but measures will continue to be taken against offenders as a deterrent.

### 24. SANITATION.

CONSERVANCY.

The method of night soil collection by the single bucket system and the method of disposal by trenching remains unchanged from previous years, as was the method of transport by ox-drawn vehicles.

The daily number of buckets conserved totalled 3,385 compared with 3,138 during 1936, the increase being accounted for by the occupation of previously vacant premises and to a number of new conveniences.

New and existing premises to the extent of 53 were connected to the sewerage system with a total of 152 water closets.

Excluding septic tanks and pits, there is now a total of 1,572 water closets in use connected with the sewers.

New septic tanks have been installed in 50 instances, making a total of 533 in the Municipality.

Two conserving tanks in connection with septic tanks on land not capable of dealing with the effluent have been installed, increasing the total to thirteen.

Three septic pits were permitted where the soil was suitable.

SEWERS.

In addition to a considerable amount of surface water drainage being constructed during the year, a total of 7,140 feet of sewers in sizes varying from 2 feet by 2 feet to 9 inches were laid in the undermentioned localities:—

Campos Ribeiro A	venue		• • •	1,490 feet
Jeevanjee Lane		• • •		990 feet
Walji Hirji Estate		• • •		520 feet
York Street	• • •		• • •	380 feet
Sadler Street	• • •	* * •		400 feet
Plot No. 477	• • •	• • •		1,100 feet
Government Road				230 feet
Landies Road		• • •		70 feet
Pumwani	• • •	• • •		1,960 feet

Progress was made with the construction of the main out-fall sewer, 4,180 feet of concrete egg-shaped sewer, 1' 9" by 1' 9" being laid.

#### REFUSE COLLECTION.

Various types of transport were in operation for the removal of refuse; there being ox-drawn carts, motor lorry, tractor with trailer, and the motor freighter.

Ox-drawn carts and the freighter were in use continuously throughout the year with the exception of those occasions when the latter was undergoing repairs, the other vehicles being put into service as the need arose.

The addition of another cell to the destructor and necessary repairs to the chimney, etc., rendered the use of the plant impossible and throughout the year, the whole of the refuse was deposited on an area of land situate to the south of Pumwani Native Location.

#### 25. SANITARY INSPECTIONS.

Details of the work performed by the inspectorial staff of the Public Health Department will be found in the summary which follows.

For six months of the year, during the meat inspector's absence on overseas leave, the district inspectors carried out that section of the work, the time thus spent still further reducing the hours available for general district inspection.

One district inspector also spent  $4\frac{1}{2}$  months on overseas leave and, as two district inspectors were obliged to attend the abattoir daily, it would be expected that essential sanitary inspections might suffer as a consequence.

Notwithstanding the extraordinary claims in connection with the abattoir and meat inspection the district work was creditably maintained.

During the year 8,267 premises were inspected for nuisances compared with 7,164 for 1936, and 1,305 defects were remedied compared with 881 remedied during the previous year.

The Bazaar Area Town Planning Scheme again took a considerable amount of time, two inspectors being employed on this work at times, in order to complete the necessary inspections and reports.

# SUMMARY OF WORKS PERFORMED.

# Nuisances.

Inspections made to:—			
Dwelling Houses			1,762
Restaurant and eating houses	• • •	• • •	342
Laundries	• • •	• • •	57
Hotels and bars	• • •		87
Offensive trades	• • •	• • •	27
Stables and cattle sheds		• • •	62
Offices and trade premises		• • •	2,293
Open spaces, streets, etc	• • •		694
Public buildings	• • •		82
Complaints investigated	• • •	• • •	54
House to house inspections	• • •		7
	• • •	* * *	•
Defects remedied:—			
Premises dirty or verminous	• • •	• • •	75
Light or ventilation insufficient		• • •	8
Dwellings without proper water supply		• • •	7
Dwellings overcrowded			3
Dwellings unfit for habitation		• • •	48
Insanitary dwellings demolished			2
Yards unpaved		• • •	16
Dilapidation		• • •	7
Rat infestation			27
Latrine accommodation defective			127
Latrine accommodation inadequate			17
Drains, closed water carriage, choked		• • •	44
Drains, closed water carriage, defective			29
Drains, open, choked		• • •	74
Drains, open, defective		• • •	22
Drains absent or inadequate			6
Septic tanks or cesspits defective	• • •		6
Septic tanks or cesspits choked			12
Waste water disposal defective or inadequ		• • •	43
Soil or waste pipes choked			'7
Soil or waste pipes defective			6
Accumulations of refuse	• • •	• • •	265
Dustbins absent or defective		• • •	128
Foodstuffs unprotected against rats			66
Sleeping in kitchens or food stores		• • •	7
Mosquito breeding			196
A1	• • •	• • •	2
	• • •	• • •	53
Miscellaneous Defects remedied by verbal intimation	• • •	• • •	785
	• • •	• • •	44
Defects remedied by written intimation	• • •	• • •	474
Defects remedied by statutory notices	• • •	• • •	4/4
SEWERAGE CONNECTIONS.			
Premises connected to sewer			53
Pail closets, etc., converted into water closets	• • •	• • •	32
Many alarata installed to govern	• • •		152
New closets installed to sewer			

ERECTION AND ALTERATION OF B	UILDINGS					
Plans dealt with	• • •	• • •	• • • 9	• • •		396
Inspections made	• • •	• • •	• • •			1,939
Completion certificates is	sued					224
LICENSING OF TRADE PREMISES.					•	
Inspections made	•••	• • •	• • •	•••	• • •	826
Re-inspections made	• • •	• • •	• • •	• • •	• • •	111
T						
INFECTIOUS DISEASES.						76
Cases investigated	•••	• • •	• • •	• • •	• • •	•
Inspections made	• • •	•••	• • •	•••	• • •	161
Rooms disinfected	•••	• • •	• • •	• • •	••	139
RATS.						
Number destroyed						30,197
Number destroyed	• • •	• • •	•••	•••	•••	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
NOTICES SERVED.						
Public Health Ordinance	• • •	• • •	• • •	•••	• • •	113
L.G. Municipal Ordinanc				•••		13
Municipal By-laws:—						
Cleansing Plots, By-	-law 499	and 46	5(f)	• • •	•••	49
Inadequate latrine				w 510		28
Refuse receptacles						25
				•••	• • •	56
Others, By-laws 509				•••		12
Closing Orders (Insanitar					• • •	8
Closing Orders (Insanital	Ly Dwein	ings Dy	-1a w s)	• • •	• • •	

26. FOOD CONTROL.

TRADE PREMISES SUBJECT TO SPECIAL CONTROL.

	1930	1931	1932	1933	1934	1935	1936	1937
Aerated water factories	5	4	4	5	4	5	5	5
Bakeries	10	13	11	10	11	12	10	11
Butchers' shops	17	21	21	19	13	14	12	13
Dairies and milk shops	20	28	26	32	24	22	21	20
Fishmongers	9	14	15	11	8	8	8	9
Laundries and dhobies	23	21	24	20	19	24	20	24
Restaurants	5	6	7	8	6	.8	6	9
Eating houses	46	40	40	32	29	23	27	27
Vegetable dealers	17	19	22	20	16	20	21	21

These figures do not include stalls or shops in the Municipal Market.

They are also exclusive of premises in the native locations where there are 15 butchers' shops, eight eating houses, and five vegetable dealers.

Of the 20 dairies and milk shops, ten are cow-keepers who retail milk, comprising seven Europeans, two Native, and one Somali. The remaining 10 premises are retailing milk depots, two being European and eight Asiatic.

The examination of milk totalled 2,900 samples, of which 230 samples were found to be unfit.

From European and Indian dairies and milk shops, 2,300 samples were inspected and 140 condemned, while the samples inspected from native milk sellers numbered 600 and 90 were condemned.

# INSPECTIONS TO PREMISES UNDER SPECIAL CONTROL.

	No. of inspections
Aerated water factories	360
Bakeries	84
Butchers' shops	220
Dairies and milk shops	604
Fishmongers	84
Laundries and dhobies	57
Restaurants	18
Eating houses	324
Vegetable dealers	158
Hotels and boarding houses	87
Markets	259
Grocers	99

### FOOD INSPECTED AND CONDEMNED.

	Inspected. lbs.	Condemned. lbs.
Fish	15,950	5
Fruit	8,790	3,393
Provisions	20,483	160
Meat	69,890	607
Vegetables	8,890	—
Bottled goods, etc.	6,214	4
Milk	2,900 galls.	230 gall

### 27. MILK DEPOT.

After considerable discussion on the subject of the milk supply to the town coming from unregistered sources, the Council decided to request approval of by-laws making it obligatory for all milk coming from unregistered sources and not going to licenced premises within the Municipality, to be inspected at a depot. The suggested by-laws would also make it an offence to pour milk from one container to another, except on licenced premises.

Anticipating these by-laws, the Council has formed a depot for this milk inspection at the Municipal Market, in the centre of the town.

The procedure to be adopted at this depot will be:-

- 1. Inspection of the milk.
- 2. Passing the milk through a strainer.
- 3. Putting the milk into sterile bottles.
- 4. Sealing the bottle with crown cork.
- 5. Sterilizing the original milk container.

The service will be counted as a health measure and no payment will be demanded.

The depot has been completely equipped and will be put into operation as soon as the necessary by-laws are approved.

### 28. ABATTOIR.

From the month of June, the conduct of the abattoir was placed under the jurisdiction of the Public Health Department.

The total number of animals slaughtered during the year amounted to 55,975, exceeding the figure for the previous year by 991, the increase being due to the larger number of goats and sheep dealt with.

The number of oxen slaughtered totalled 10,521, a considerable decrease on the previous year's total of 13,866.

The number of grade oxen killed was 4,048 compared with 4,422 for 1936, whilst 6,473 native oxen were slaughtered compared with 9,444 for 1936.

Fewer calves were sent to the abattoir, 395 compared with 496, whilst the percentage of condemnations increased from 15.3% to 16.7%.

There was a slight increase in the number of sheep slaughtered, the figure being 12,228 compared with 12,089.

The number of goats killed showed a large increase, the total being 30,786 compared with 26,199, an increase of 17%.

There was a small decrease in the number of pigs slaughtered, the figure being 2,045 compared with 2,334.

Tables are shown recording the number of animals slaughtered during the year together with the perentages of condemnations for the types of animals and also the causes of condemnation. Tables are also included showing the condemnation rates both for all causes and for measles for the types of oxen, over a number of years.

The number of oxen condemned for all causes amounted to 2,244 or 21.3% compared with 3,024 or 21.8% during 1936.

2,000 or 19.0% of the total oxen slaughtered were condemned on account of cysticercus bovis, compared with 2,549 and 18.3% for the previous year. Of the grade oxen 538 or 13.2% were condemned for this condition, whilst the figure for native oxen was 1,462 or 22.5%.

Of the remainder of oxen condemned, 65 were rejected on account of fevered condition, 38 for jaundice, 33 for emaciation, 48 for dropsy, 22 for redwater, 20 for bruising, 11 for septic conditions, 4 for tuberculosis, 2 for anaplasmosis, and one on account of moribund state.

No East Coast fever was registered during the year.

Of the 66 calves condemned, 64 were rejected on account of measles and two on account of redwater.

The principal cause of the rejection of the 164 sheep was lymphadenitis, totalling 103 instances. The next cause was emaciation, accounting for 19. Of other conditions jaundice caused 15 rejections, fevered condition 14, septic condition 2, dropsy 8, heartwater, bruising, and carcinoma 1 each.

The causes for the condemnation of 926 goats and native sheep were heartwater 238, fevered condition 209, dropsy 182, lymphadenitis 151, jaundice 63, emaciation 57, pleuropneumonia 12, bruising 8, and septic condition 6.

Only 24 or 1.1% of the pigs slaughtered were condemned. The causes were fevered condition 11, cysticercus cellulosae 6, tuberculosis 5, and bruising 2.

Owing to trouble arising on account of religious susceptibilities of the Indian community, two inspectors are employed for the examination of meat so that the same inspector does not examine both the Mohammedan and Hindu carcasses.

The estimated total weight of meat condemned amounted to 983,721 lbs., a considerable decrease compared with the total of 1,294,962 lbs. condemned during 1936.

# INSPECTIONS.

1937.				Inspected.	(	Condemned.		Percentage of carcasses condemned.
Oxen—gra	ıde		4,048		645		15.93	
nat	tive		6,473		1,599		24.70	
			-	10,521		2,244		21.32
Calves	• •			395		66		16.70
Sheep				12,228		164		1.34
Goats				30,786		926		3.00
Pigs		• • •		2,045		24		1.17
Total				55,975		3,424		6.11

### ORGANS CONDEMNED APART FROM CARCASSES.

Hearts				4,656
Heads		76.00		3,761
Tongues				3,761
Kidneys				7,615
Livers				20,494
Lungs				25,319
Spleens			• • •	5,712
Stomachs				4,360
Intestines	S			3,821
Others				151
Тота	L			79,650

# ESTIMATED TOTAL WEIGHT OF MEAT CONDEMNED.

Beef			886,912 lbs.
Veal			7,322 lbs.
Mutton			20,673 lbs.
Goat		• • •	58,578 lbs.
Pork			10,236 lbs.
TOTAL	• • •		983,721 lbs.

# CONDITIONS NECESSITATING CONDEMNATIONS.

		,		0:	xen.					t
				Grade.	Native.	Calves.	Sheep.	Goats.	Pigs.	TOTAL.
Anaplasmosis		• • •		1	1			<del>_</del> ,		2
Bruising	•••		• • •	12	8		1	8	. 2	31
Carcinoma	• • •	• • •	• • •			—	1		—	1
Cysticercus box	vis	• • •		538	1462	6 <b>4</b>	-		—	2064
Cysticercus cell	ulosae	e							6	6
Dropsy	•••	• • •		11	37	—	8	182		<b>2</b> 38
Emaciation	• • •		• • •	<b>2</b> 5	8	—	19	5 <b>7</b>		109 .
Fevered condit	ion			26	39	—	14	<b>2</b> 09	11	299
Heartwater							1	238		<b>2</b> 39
Jaundice	•••			22	16		15	63		116
Lymphadenitis	•••	•••					103	151		254
Moribund		•••			1	<u>.</u>				1
Pleuro-pneumor	nia	• • •						12		12
Redwater				3	19	2		—		24
Septic conditio	n			7	4		2	6		19
Tuberculosis	•••	•••		-	4	-	_		5	9
TOTAL		•••	• • •	645	1599	66	164	926	24	3424

# OXEN SLAUGHTERED AND CONDEMNED FOR ALL CAUSES.

			Grade—			-Native-			-Total-	
Year.		No. killed.	No.	% cond.	No. killed.	$     \text{No.} \\     \text{cond.} $	$\frac{\%}{\mathrm{cond.}}$	No. killed.	No. cond.	% cond.
1927		5,634	232	4.1	 5,178	335	6.4	. 10,812	567	5.2
1928		4,907	290	5.9	 6,827	480	7.0	. 11,734	770	6.5
1929		4,151	252	6.0	 7,617	762	10.0	. 11,768	1,014	8.6
1930		4,214	313	7.4	 7,243	738	10.1	. 11,457	1,051	9.1
1931		4,306	471	10.9	 9,375	1,318	14.0	. 13,681	1,789	13.0
1932	• • •	3,054	363	11.8	 11,044	1,757	15.9	. 14,098	2,120	15.0
1933		2,924	399	13.6	 12,968	2,625	20.2	. 15,892	3,024	19.3
1934		4,531	664	14.6	 10,264	2,230	21.7	. 14,795	2,894	19.5
1935		4,806	682	14.1	 9,007	2,066	22.9	. 13,813	2,748	19.8
1936	• • •	4,422	657	14.8	 9,444	2,367	25.0	. 13,866	3,024	21.8
1937		4,048	645	15.9	 6,473	1,599	24.7	. 10,521	2,244	21.3

# OXEN SLAUGHTERED AND CONDEMNED FOR "MEASLES."

		(	Grade				-Native-			$-\mathrm{Total}$	
Year.		No. killed.	No. cond.	% cond.		No. killed.	No. cond.	$_{\mathrm{cond.}}^{\%}$	No. killed.	No. cond.	% cond.
1927		5,634		_		5,178		<del>-</del> .:	. 10,812	490	4.5
1928	• • •	4,907			• • •	6,827		<b>-</b>	. 11,734	740	6.3
1929		4,151	·	***************************************		7,617		→	. 11,768	975	8.2
1930		4,214	277	6.5		7,243	683	9.4	. 11,457	960	8.3
1931	• • •	4,306	388	9.0		9,375	1,227	13.0	. 13,681	1,615	11.8
1932		3,054	321	10.5		11,044	1,568	14.1	. 14,098	1,889	13.3
1933		2,924	326	11.1		12,968	2,158	16.6	. 15,892	2,484	15.6
1934	• • •	4,531	600	13.2		10,264	1,820	17.7	. 14,795	2,420	16.3
1935		4,806	495	10.2		9,007	1,894	21.0	. 13,813	2,389	17.2
1936	• • •	4,422	417	9.4		9,444	2,132	<b>2</b> 2.5	. 13,866	2,549	18.3
1937	•••	4,048	538	13.2	• • •	6,473	1,462	22.5	. 10,521	2,000	19.0

# 29. REPORT ON CHILD WELFARE, ANTE-NATAL, AND VENEREAL CLINICS, DISPENSARIES, AND HOME VISITS.

Ву

EDITH N. HARTLEY, M.B., Ch.B. (Edin.), D.P.H. (Edin.),

Medical Officer in Charge.

Dr. Evelyn F. Hartley resigned in October, 1936, and transferred to the Government Medical Service at the end of January, 1937. Dr. Edith N. Hartley, on appointment, commenced her duties from February 1st, 1937.

During the year four Welfare Centres have been maintained by the Municipal Council: three for Africans, namely Pumwani, Kariakor, and Railway Landies, and one for Indians in grounds of the Indian Maternity Home, under the care of three European and one Indian Health Visitor, respectively.

The visiting of the mothers in their homes by the Health Visitors and their personal influence and interest in the mothers and their children is one of the most important ways of gaining their confidence and in persuading them to attend the Centres for further advice and it is by this means that they are able gradually to inculcate a knowledge of hygiene and better diet and cleanliness.

It is interesting to note that each Centre has its own predominant type of mothers and children—Pumwani and Kariakor, Swahili; Railway Landies, Jaluo; while Kikuyus come to each but are not permanent residents.

### PUMWANI CENTRE.

Mrs. Dugmore was Health Visitor to this Centre, continuing her very excellent work of the preceding year, until her resignation at the end of August. Miss Smith of the Kariakor Centre did the work, as well as her own, until it was possible to transfer Mrs. Gibb from the Indian Welfare Centre on September 1st.

Child Welfare Clinics and Venereal Disease Clinics were held regularly and dispensary work was done, principally among the women and children attending the clinics. Many of these attend daily.

		Cl	inics held.	To	otal attendances.
Child welfare	• • •	• • •	47		9,692
Venereal disease			52	* * *	3,988
Dispensary					5,935
Home visits: Health	Visitor				1,053
Native	staff				3,899

The Health Visitor has one ayah and two male dressers to assist her.

During the outbreak of plague in the location 1,415 women and children received injections at the Centre. There was only one death of a woman attending this centre; she had received her first but not her second injection. One child who had plague recovered.

Since taking over charge of this Centre, Mrs. Gibb has commenced a sewing class to teach the mothers how to make simple garments for their children and to knit. The mothers are eager to learn but are profoundly

ignorant in such matters. While giving the lessons the Health Visitor has an opportunity of talking to them on such matters as child management and care.

The predominant illnesses at this Centre are pneumonia and bronchopneumonia among the children.

The women attending this Centre are of very mixed tribes, but the majority are Swahili. Some Kikuyu women attend but the greater number of these are "casuals" who come to the location for a few weeks and then return to the reserve.

#### KARIAKOR CLINIC.

This Centre has continued to be in the charge of Miss J. Smith as Health Visitor. At the beginning of the year the work was being carried on in a large but unsuitable building in the middle of the Municipal Native Housing, but on March 8th the work was transferred to the new Kariakor Welfare Centre opposite the Racecourse. As this building was specially designed for this work, it is approaching to the ideal.

Child Welfare clinics and venereal disease clinics are held regularly and dispensary work is done among the mothers and children attending the clinics, many of whom attend daily.

		Cli	nics held.	Total	attendances.
Child welfare	• • •		52	• • •	9,060
Venereal diseases		• • •	51		2,294
Dispensary					4,737
Home visits: Health	Visitor			• • •	1,517
Ayahs		• • •			2,435

The Health Visitor has two ayahs to assist her. During the outbreak of plague, 2,030 women and children were inoculated at this Centre.

The predominant illnesses among the children attending this Centre are pneumonia and broncho-pneumonia.

Since early in the year Miss Smith has had a sewing and knitting class for the mothers. She acts on the principle that only such materials are used which are within the means of the mothers themselves, procurable in the shops they frequent. She teaches them to make the most of such articles and how to use them to the greatest advantage.

Soon she hopes to put these same principles into demonstrations on diet and cooking.

The women attending this Centre are of very mixed tribes, but the majority are Swahili, as this Centre serves Pangani also. The Kikuyu women who attend are "casuals" who come to Nairobi for a few weeks and then return to their shambas. In consequence they are more unsophisticated and dirtier than the resident women. Their houses are not kept as clean and they do not remain long enough to enable the Health Visitor to teach and persuade them to change their habits.

### ANTE-NATAL CLINICS AT PUMWANI HOSPITAL.

The ante-natal clinics which ordinarily would be held at the two abovementioned Centres, are being held regularly at the Lady Grigg African Maternity Hospital.

The reason is that it accustoms the women to come to the hospital and, if necessity arises, that they should be admitted. They are willing to become

in-patients, having lost any fear of the establishment and staff. Also these demonstrations in ante-natal supervision form a valuable part of the training of the girls under instruction at the hospital.

Clinics held. Total attendances. 52 ... 1,681

RAILWAY LANDIES CENTRE.

This Centre has continued to be under the charge of Miss Pearson as Health Visitor.

Child Welfare clinics, ante-natal clinics and venereal diseases clinics are held regularly and dispensary work is done among the women and children attending the clinics; many attend daily.

		C	linics held.	То	tal attendances.
Child welfare		• • •	52		11,799
Venereal diseases			52		2,081
Ante-natal	• • •		52		1,664
Dispensary					10,446
Home visits: Health	Visitor			, , ,	1,355
Ayahs		• • •			3,348

The Health Visitor has two ayahs to assist her and a boy is lent from the Railway, by courtesy of the General Manager, K.U.R. & H., to help to clean and assist at the Centre.

During the outbreak of plague the Welfare Centre was used as an inoculating station, where men, women, and children were inoculated.

Asiatics			287
Natives	• • •		5,299
Total	•••	• • •	5,586

No cases of plague occurred among the women or children. Occasional cases of cerebrospinal meningitis occur in the Landies. One was reported on the 30/7/37 in a child of 4 years who later died in hospital.

The predominant illnesses are pneumonia, broncho-pneumonia, and diarrhoea during the warm season and malaria—the patients being infected while at Kisumu.

The vast majority of the women are Jaluo and it is an exception to find Kikuyu women at this Centre. The women of the Landies are never very permanent as they receive yearly two Railway passes and they return with their children to their shambas which frequently are in unhealthy districts. When they return to the Landies they are found to be suffering from malaria and yaws, and their babies, who went away fat and healthy, come back sick and ailing. In consequence the work in the Landies does not show the same satisfactory results (it is more "uphill") as at the other centres with their permanent residents.

New lines of houses have been erected in this location this year and the population has increased and shows every likelihood of increasing still further. Owing to the greater number of clinics held at this centre and the much larger number of attendances, the Health Visitor, in consequence, has more homes requiring to be visited; consequently she is unable to undertake sewing classes for the mothers.

INDIAN WELFARE CENTRE.

Mrs. Gibb continued to be in charge as Health Visitor until September, when she was transferred to the Pumwani Centre, handing over charge to Miss P. Benjamin, who came from the Lady Reading Health School, Delhi.

As the Indian community is very large and resident over an extensive area, it is impossible for the Health Visitor to cover all districts and get into touch with many of the mothers. In consequence it is the mothers resident comparatively near the Centre who attend and who can be visited. It is gratifying to see that many Goanese women are availing themselves of the advantages of the Centre.

The Health Visitor has a nurse, trained at the Indian Maternity Hospital, to assist her.

Child Welfare clinics and ante-natal clinics are held regularly and dispensary work is done among the women and children who attend the clinics.

			Cli	nics held.	Tot	al attendances	•
Child welfare	·			55		6,273	
Ante-natal				52		1,649	
Dispensary						5,455	
Home visits:	Health	Visitor				1,454	
	Nurse					713	

Venereal diseases clinics are not held. Any patients who require treatment are directed to consult their own doctor. In this way there is no interference with the practice of the doctors.

The Health Visitor is inaugurating classes for the mothers and will commence on home nursing, child care, and diet.

### CHILD WELFARE CLINICS.

-	-	Pumwani.	Kariakor.	Railway landies.		Indian.	Total.
Clinics held Attendances		9,692	 52 9,060	 52 11,799	• • •	55 6,273	 206 36,824

### ANTE-NATAL CLINICS.

	Af	rican Mater Hospital.	rnity	Railway landies.	Indian.		Total.
Clinics held Attendances	•••	52 1,681		52 1,664	 52 1,649	• • •	156 4,994

### DISPENSARIES.

	Pumwani.		Kariakor.	Rai	lway land	lies.	Indian.		Total.
Women Children Men	 2,291 3,569 75		1,402 3,235 31	•••	2,060 .8,386		1,059 4,496 —	• • •	6,812 19,686 106
Total	 5,935	,	4,668	• • •	10,446		5,555	•••	26,604

# VENEREAL DISEASES CLINICS.

	Pumwani.	Kariakor.	Ra	ilway landi	es.	Total.
Clinics held Attendances	52 3,988	 51 2,294	• • •	52 2,081	• • •	155 8,363

The following table shows the distribution of syphilis and yaws. Syphilis is found mostly among the resident women, while yaws is overwhelmingly a disease of the "casual" cases. The Health Visitor of Railway Landies Centre maintains that the patients arrive from the Kisumu area already infected.

The great difficulty in treating the syphilitic cases is in making the patients understand the importance of continuing the treatment. As soon as clinical evidence of the disease has disappeared they conclude no further treatment is necessary.

# VENEREAL DISEASES CLINICS.

#### SYPHILIS.

	Wor	Women.		CHILDREN.			of	attending.	y om- urse.
	Resident.	Casual.	Resident.	Casual.	Total.	Cured.	Completed one course treatment.	Still atter	Gone away without co pleting cou
Pumwani Centre Kariakor Centre Railway landies centre	170 100 53	74 103	  15	 13	170 174 184	33 18 —	98 24 124	39 101 13	31 60

### YAWS.

							Go	ne away
								before
	Wom	TENT	CHILD	RÉN.			still	being
			Resident.		Total.	Cured.	attending.	cured.
Pumwani Centre		257		116	373	203	62	108 19
Kariakor Centre	40	42 33	11 70	48 120	141 223	22 126	100 20	87
Rly. landies cent	re —	33	70	120	220			

# HOME VISITS BY HEALTH VISITORS AND NATIVE STAFF.

		 Pumwani.	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Kariakor.	Rai	lway land	lies.	Indian.		Total.
	Visitor	~ ^^		1,517 2,475	• • •	1,355 3,348		1,454 711	• • •	5,379 10,433
TOTAL		 4,952		3,992		4,703		2,165		15,812

# COMPARISON OF ATTENDANCES AND VISITS.

	1932	1933	1934	1935	1936	1937
Child Welfare clinics Venereal Disease clinics Dispensaries Ante-natal clinics	7,923 4,219 23,316 1,626	11,448 3,432 19,861 1,958	11,698 3,967 29,066 2,198	11,385 6,277 36,258 2,711	25,190 8,703 38,058 3,955	36,824 8,363 26,604 15,812
Total attendances	37,084	36,699	46,929	56,631	75,906	87,603
Home visits	3,646	4,373	7,738	12,146	12,532	15,812

#### 30. STAFF.

The details of the staff employed by the Public Health Department during the year are given hereunder.

### MEDICAL OFFICER OF HEALTH.

Dr. H. W. Tilling continued to carry out the duties throughout the year.

#### LADY MEDICAL OFFICER.

Dr. E. N. Hartley was appointed on 1st February in place of Dr. E. F. Hartley who resigned to take up a Government post.

## CHIEF SANITARY INSPECTOR.

This post is still vacant, not having been filled since 1931. The duties have been carried out by Mr. R. C. Forster, in addition to his district work.

As pointed out in previous annual reports, the non-filling of this post is acting detrimentally to the efficiency of the department.

### SANITARY INSPECTORS.

Mr. R. C. Forster, Mr. D. Mackintosh, and Mr. P. Cairns carried out their duties throughout the year. Mr. S. W. White was absent for four months on overseas leave.

### MEAT AND FOOD INSPECTOR.

Mr. A. A. Watts was absent for six months of the year on overseas leave.

#### Anti-Malaria Officer.

Mr. G. R. C. van Someren was appointed on 1st February and carried out the duties during the year.

# HEALTH VISITORS.

Mrs. E. Dugmore resigned on 31st August and Mrs. A. G. Gibb, who had been acting temporarily at the Indian Clinic, was posted to Pumwani Clinic in her place.

Miss B. B. Pearson continued her work throughout the year at the Railway Landies Clinic and Miss J. Smith continued her work at Kariakor Clinic.

Miss P. Benjamin came from India on first appointment and was posted to the Indian Clinic on 1st September.

## CLERK.

The duties were performed by Miss W. W. Harris throughout the year.

#### NATIVE STAFF.

The office staff consists of one head boy who is also a notice server and two messengers. One Goan female assistant is employed at the Indian Clinic, the other clinics having a total of one male and five female dressers.

The number of boys employed on outside work comprise one motor driver, six rat boys, six oiling boys, six searchers, and one boy to assist in food inspection.

A gang of twenty boys, on the pay roll of the engineering department, is employed on anti-malarial work.

Administrative control is exercised over the staff of the Abattoir, namely, one superintendent, one clerk, one Mohammedan killer, and 41 native staff.

Control is also exercised over the two Indians employed in connection with the dead cart and public mortuary as well as the native staff at the Native cemetery.

# Personnel of Public Health Department during 1937.

Appointed	l.					From	To
	MEDICAL OFFICER OF HE	ALTH.					
5/5/30	Dr. H. W. Tilling .	• •	• • •		• • •	1/1/37	31/12/37
	LADY MEDICAL OFFICER.						
23/5/35	Dr. E. F. Hartley .			• • •	• • •	1/1/37	31/ 1/37
1/2/37	Dr. E. N. Hartley .	• •	• • •	• • •	• • •	1/2/37	31/12/37
	Chief Sanitary Inspecte Vacancy.	OR.					
	Sanitary Inspectors.						
6/8/29	Mr. R. C. Forster .					1/1/37	31/12/37
1 = 10 101	Mr. D. Mackintosh					1/1/37	31/12/37
26/8/33					• • •	1/1/37	31/12/37
1/1/36	Mr. P. Cairns		• • •			1/1/37	31/12/37
	INSPECTOR OF MEAT AND	Foor	C				
1/1/29	73 /T A A TTT 1.1					1/1/37	31/12/37
-, -,						_, _, .	01/1-/01
	Anti-Malaria Officer.						
1/2/37	Mr. G. R. C. van S	omerei	n	• • •	* * *	1/2/37	31/12/37
	SANITARY OVERSEER.						
1/6/29	Mr. T. Bagnall		• • •			1/1/37	31/12/37
	HEALTH VISITORS.						
1/10/35	Trans. E. Danston					1/1/37	31/ 8/37
1/1/36			• • •	• • •	• • •	1/1/37	31/12/37
1/1/36	TACTOR TO CONTRACT		• • •	* * *	• • •	1/1/37	31/12/37
4/6/36	TV // A (1:1-1-		• • •		• • •	1/1/37	31/12/37
1/9/37	TAT: D D				• • •	1/9/37	31/12/37
2,0,0.						, ,	
	Clerk.					4 (4 (0)	04 /40 /05
1/7/35	Miss W. W. Harris	• • •	• • •		• • •	1/1/37	31/12/37
	NATIVE STAFF.						
	Motor Driver					1	
	Head Boy					1	
	Messengers					2	
	Dressers	• • •				7	
	Rat Boys	• • •				6	•
	Oiling Boys	• • •				6	
	Searchers				• • •	6	
	Food inspection	• • •	• • •			1	
	Anti-malarial gang	• • •	• • •	• • •	• • •	20	

# 31. EXPENDITURE.

The expenditure of the Public Health Department for the year 1937 amounted to £10,475 of which the Government by grants made on account of public health, contributed £5,237, leaving an equal amount to be borne by the Council.

Details of the expenditure by the Public Health Department during the year are given hereunder. The figures in brackets refer to expenditure during 1936.

### EXPENDITURE.

	E.	XPENL	TTUR.	E.				
Administration.					£	£	£	£
Salaries: M.O.H. and	Sanita:	ry Insp	ectors		4,076	(3,936)		
Clerk			• • •		220			
Boys' wages,	etc.		• • •		81	(74)		
Locomotion allowance					157	( 145)		
Passages					323	( 106)		
Provident Fund					453	( 421)		
Rent					300	( 300)		
Printing, stationery, as	nd tele	ephone			120	( 113)		
Sundry expenses					43	( 21)		
_							5,773	(5,306)
INFECTIOUS DISEASES PREV	ENTION	•						
Hospital fees				• • •	400	•		
Notification fees		• • •		• • •	89	( 114)		
Overseer's salary					350	(350)		
Native wages, etc.		• • •			219	(233)		
Oil and stores		• • •			372	*		
Upkeep of lorry			• • •	• • •	85	(83)		
					·		1,515	(1,641)
Malaria Control.								
Malaria Officer, salary					330			
Native wages, etc.		• • •			66			
Laboratory expenses	• • •				19			
					_		415	
FOOD INSPECTION.								
Miscellaneous expenses	5			• • •	96	( 15)		
•							96	( 15)
Auxiliary Health Service	ES.							(
Salaries: L.M.O.					602	( 602)		
Health Visit			• • •			(1,077)		
Medical Stores		•••			•	(266)		
Infant food		•••			79			
Native Dressers and A		• • •		• • •		( 153)		
Maintenance of clinics		•••	• • •	• • •		(61)		
Stationery, telephone,					33			
Furniture for clinics		• • •		• • •	48			
							2,676	(2,257)
Total	• • •	•••					10,475	(9,219)
Less Governm	ent co	ntribut	tion				5,237	
Amount contr	ibuted	by Co	uncil				£5,238	

Comparison of the expenditure with previous years is made in the table following:—

Year.	Expenditure.		Go	Paid by overnment.		Paid by Council.
1929		7,948	• • •	6,955		993
1930		6,993		6,118		875
1931		5,978		3,736		2,242
1932		5,967		2,983	• • •	2,984
1933		6,144		3,072		3,072
1934		6,547		3,273		3,274
1935		7,230		3,703		3,527
1936		9,219		4,511		4,708
1937	• • •	10,475		5,237		5,238

It will be noted that the expenditure was greater by £1,256 than the previous year, all the headings showing increases with the exception of "Infectious disease prevention," which decreased by £126, mainly due to reduction in the hospital and notification fees.

The increased amount for "Administration" is accounted for chiefly by the amount paid for passages.

The amount of £415 expended under "Malaria control" is a new item and includes salary and wages of laboratory staff and laboratory expenses.

The difference of £419 under the heading of "Auxiliary Services" is accounted for by an increase in the staff of Health Visitors and also by a greater consumption of medical stores due to the increase in the number of patients dealt with.





